

Sponsor a Needhelp News in your Neighborhood or Community

Fresno County | A FREE Community Resource Anyone Can Use | www.NeedhelpNews.com

Hot Meals Served Daily
See Page 6

Foster Parents Can Make a Difference
Yes! Prospective foster parents can specify the age and gender of children they'd like to care for.
See bottom of Page 10

All Available Services for **Senior Citizens**
See bottom of this page

Regularly Consuming **Aloe Vera Gel Can Help You**
Control Inflammation
See back page

Useful Information
www.NeedhelpNews.com

HELPING MOMS KEEP KIDS OFF THE STREET
Ayudamos a las madres quitar los niños de la calle

Services available to WOMEN
Los servicios disponibles para las mujeres

Domestic Violence.....2
Rape Crisis Centers.....3
Unplanned Pregnancy.....4
Nurse-Family Partnership.....5
Child Care Referral.....5

Food Banks
There is a community food bank near you. These agencies are food pantries, residential shelters, and community kitchens, and may also include adult/child day care centers. When calling the numbers below, please give the operator your ZIP Code.

¿Alimento de necesidad?
Hay una distribución de alimentos cerca de usted. Al llamar al número debajo, por favor dar el código postal de su operador.

Madera County
12806 Road 26, Building 3
Madera, CA 93638
(559) 674-1882
www.maderafoodbank.org

Fresno County
2403 E. Central Avenue
Fresno, CA 93725
(559) 237-3663
(559) 237-2527
www.communityfoodbank.net

Kings County
1222 W. Lacey Blvd., Suite 201
Hanford, CA 93230
(559) 582-4386

Tulare County
7427 W. Sunnyview
Visalia, CA 93279
(559) 651-3663
www.foodbanktc.org

Kern County
Call 2-1-1 for locations
www.kccoc.org/teap.html

Family and Emergency Services
Familia y Servicios de Emergencia

Catholic Charities.....12
Rescue Missions.....12
The Salvation Army.....13
American Red Cross.....13
Victims of Crime.....15

Programs that help maintain independence for Senior Citizens (800) 510-2020
Los programas que ayudan a mantener la independencia de las personas de edad
1965-2009 | Serving over 44 years | www.elder-care.gov

Grieving the loss of a loved one?
Que lamentan la pérdida de un ser querido?
www.griefshare.org

Suicide and Crisis Hotlines
Madera.....(888) 275-9779
Fresno.....(559) 453-4884
Kings.....(559) 582-4484
Tulare.....(800) 320-1616
Kern.....(861) 868-8000
National.....(800) 784-2433
Or.....www.suicidehotlines.com

Runaway?
The National Runaway Switchboard relays messages from runaways to families. Free bus ride home to qualified runaways.
Call.....(800) 786-2329
Or.....www.1800runaway.org

VanNess Vintage see our ad on back
ALOE VERA Distributor Since 1990

This edition of NeedhelpNews.com sponsored by

This is How it Works

The owners of VanNess Vintage were passing out fliers around their neighborhood to advertise their business.

They heard about *Needhelp* and that they could sponsor the paper and advertise in it and let people know where to get basic help at the same time.

They printed *Needhelp* papers to hand out around their business.

This is an example of what you can do as an individual, service club, nonprofit organization, church or business to show people where to get basic help and let people know about who you are and what you do in your community.

Anyone Can Be a Sponsor

- Sponsors pay the cost of printing *Needhelp News* paper.
- A sponsor can be anyone: an individual, service club, nonprofit organization, church or commercial business.
- Sponsors have the option of placing a full-page ad or ads of their choice on pages 15 and 16, including the bottom 1.25 inches of the front page.
- Or, you can customize pages 15 and 16 with a map of your community, highlighting the nonprofits in your area or place sponsor ads on the back page.

How is the Resource Delivered?

- Local youth groups and/or volunteers (door-to-door)

Need Help With Your Ad Layout?

See bottom of page 15.

A FREE Community Resource Anyone Can Use | www.NeedhelpNews.com

Suffering with an autoimmune or inflammatory disease?

Aloe Vera gel can work to control the inflammation. Naturally.

Imagine slicing open an Aloe leaf and consuming the gel directly from the plant.

- Forever Living™ Aloe Vera Gel is as close to the real thing as you can get. The miraculous aloe leaf contains over 200 compounds, including 20 minerals, 18 amino acids and 12 vitamins.
- A product of our patented aloe stabilization process, our thicker gel is favored by those looking to maintain a healthy digestive system and a natural energy level.
- The first to receive certification by the International Aloe Science Council, this rich cocktail of pulp and liquid authenticates this product just as nature intended.
- Taken in 1 oz. "shots" daily, either alone or mixed with fruit juice, it is one of the best nutritional supplements available!
- Ingredients: Stabilized Aloe Vera Gel, Sorbitol, Ascorbic Acid (Antioxidant), Citric Acid, Potassium Sorbate (To Help Protect Gum), Sodium Benzoate (To Help Protect Flavor), Xanthan Gum, Tocopherol (Antioxidant).

\$20/jug
Mention "Needhelp News.com" and take \$1 OFF

"When you control the inflammation, you control the disease."

VanNess Vintage
ALOE VERA Distributor Since 1990
Skin Care | Clothing | Gifts

New location to better serve our customers...

E. McKinley Ave. Fresno City College
N. Van Ness Ave. Tower District

1567 N. Van Ness Ave.
Suite #1
Fresno, CA 93728
M-F: By appointment only
Sat: 12 to 4 p.m.
email: vannessvintage@sbcglobal.net

The statements contained herein have not been evaluated by the FDA. The products discussed are not intended to diagnose, mitigate, treat, cure or prevent a specific disease or class of diseases. You should consult your family physician if you are experiencing a medical problem.