



Got Skills?

Learn how to build a healthy relationship!

see back page

■ Anyone Can Help Anyone Find Basic Help

www.NeedhelpNews.com ■



Needhelp® News

Suicide and Crisis Hotlines

Madera..... 1-888-275-9779
 Fresno (559) 453-4894
 Kings..... (559) 582-4484
 Tulare 1-800-320-1616
 Kern..... 1-800-991-5272
 U.S. 1-800-784-2433
 U.S. ... www.SuicideHotlines.com
 U.S. ... www.1800runaway.org
 Child Abuse..... 1-800-422-4453



Programs that help maintain independence for

SENIORS

Los programas que ayudan a mantener la independencia de las personas de edad

1-800-677-1116

Find a site in the U.S. near you:
www.eldercare.gov

Alcohol / Drug Addiction
www.aa.org / www.HIVtest.org
www.FacesOfMeth.us.....6

American Red Cross
 1-866-438-4636
www.RedCross.org6

Big Brothers Big Sisters
www.bbbs.org4

Boy Scouts
www.scouting.org4

Boys & Girls Clubs
www.bgca.org/clubs.....4

Catholic Charities
www.CatholicCharitiesUSA.org.. 5

Child Care Referrals
www.ChildCareAware.org3

Deaf / Hard of Hearing3
 Google "Deaf" or "Hard of Hearing" and ZIP Code

Disabled (Independent Living)
www.ilru.org.....2

Domestic Violence
 1-800-799-7233
www.ndvh.org2

Food Banks
www.FeedingAmerica.org1

Foster Parenting3
 Google "CCLD facility search form" California..... 1-800-543-7487

Grief Support
www.GriefShare.org1

Jobs
www.JobCorps.gov.....2
 Google "Jobs" and ZIP Code

Nurse-Family Partnership
www.NurseFamilyPartnership.org...3

Police Activities League
www.NationalPal.org3

Pornography6
 Google "Celebrate Recovery Church" and ZIP Code

Pregnancy Care Centers
 1-800-395-4357
www.PregnancyCenters.org...3

Rape Crisis Centers
 1-800-656-4673
www.rainn.org2

Rescue Missions
www.agrm.org5
 Google "Rescue Mission" and ZIP Code

Runaways
 1-800-786-2929
www.1800runaway.org.....1

Suicide
 1-800-784-2433
www.SuicideHotlines.com1

The Salvation Army
www.SalvationArmyUSA.org..5

YMCA
www.ymca.net4

Grieving? You're not alone.

Find a site in the U.S. near you:
www.griefshare.org/findagroup

Usted no está solo en su duelo. Busque un grupo de GriefShare.



Family and Emergency Services

Familia y Servicios de Emergencia



Catholic Charities.....5
 Rescue Missions5
 The Salvation Army.....5
 American Red Cross6

Food Banks

¿Alimento de necesidad?

Madera County
 221 S. Pine St., Bldg. 101
 Madera, CA 93637
 (559) 674-1482
www.MaderaFoodBank.org

Fresno County
 3403 E. Central Avenue
 Fresno, CA 93725
 (559) 237-3663
<http://CommunityFoodBank.net>
 (do not type "www")

Services available to WOMEN

Los servicios disponibles para las mujeres



Domestic Violence.....2
 Rape Crisis Centers.....2
 Unplanned Pregnancy.....3
 Child Care Referral3
 Babies First/Nurse-Family.....3

Kings County
 1222 W. Lacey Blvd., Ste. 201
 Hanford, CA 93230
 (559) 582-4386

Tulare County
 7427 W. Sunnyview Ave.
 Visalia, CA 93291
 (559) 651-3663
www.FoodLinktc.org

Kern County
 Call 2-1-1 for locations
www.capk.org/tefap

U.S.
www.FeedingAmerica.org

Helping Parents Keep Kids Safe

Ayudando a los padres mantener a los niños seguridad



Big Brothers Big Sisters... 4
 Boy Scouts..... 4
 Boys and Girls Clubs..... 4
 Police Activities League ... 3
 YMCA..... 4



Domestic Violence

1-800-799-7233
Google "rape" and your city or ZIP Code



Rape Crisis

1-800-656-4673
Google "domestic violence" and your city or ZIP Code



Victims of Domestic Violence & Rape

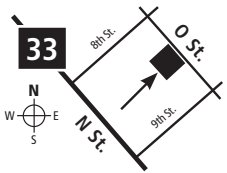
Las Víctimas de la Violencia Doméstica y Violación

Resources for Survivors of Sexual Assault and Family Violence

Your kids deserve a safe place. *Sus hijos merecen una lugar seguro.*

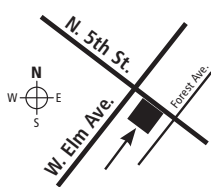
Firebaugh, 93622

Carmen Meza Center
838 O St.
(559) 659-0232 (M-F, 8-5)



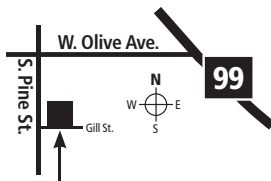
Coalinga, 93210

Carmen Meza Center
143 N. 5th St.
(559) 934-0915 (24 hr.)



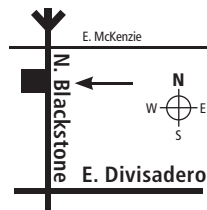
Madera, 93637

Domestic Violence
1225 Gill Ave.
(800) 355-8989 (24 hr.)



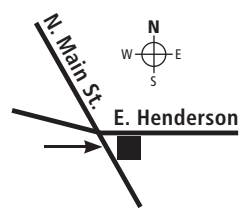
Fresno, 93721

Resource Center for Survivors of Sexual Assault and Family Violence
259 N. Blackstone Ave.
(559) 222-7273 (24 hr.)
www.rcsfresno.com



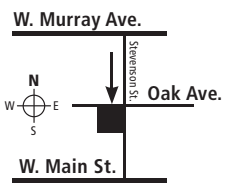
Porterville, 93257

Domestic Violence
770 N. Main St.
(559) 784-0192 (24 hr.)
www.ccfamilycrises.org



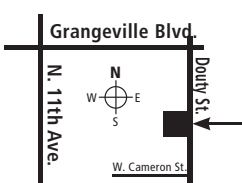
Visalia, 93291

Domestic Violence
815 W. Oak Ave., Suite B
(559) 732-5941



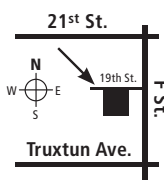
Hanford, 93230

Kings Community Action Organization
1208 N. Douty St.
(877) 727-3225 (24 hr.)



Bakersfield, 93301

Domestic Violence
1921 19th St. (office)
(800) 273-7713
www.kernalliance.org



Resources for Independent Living Centers

Bakersfield . (661) 325-1063
Madera (559) 675-5772
Fresno..... (559) 221-2330
Visalia (559) 622-9276

¿Discapacitado? Trabajamos para promover su independencia.

Find a site in the U.S. near you:

www.ilru.org



Click on "IRLU Directory of CILs/SILCs" then click on your state

Job Corps

is a No-Cost Education and Vocational Training Program for Young Adults Ages 16 to 24

Job Corps es una educación sin costo y el Programa de Formación Profesional para adultos jóvenes de 16 a 24

How do I apply?

Call 1-800-733-5627. An operator will give you general information about the program, refer you to the admissions counselor closest to where you live, and mail you an information packet.

¿Cómo puedo aplicar?

Llame a 1-800-733-5627. El operador le dará información general sobre el programa, que se refieren a la admisión consejero más cercana a su domicilio, y de los mensajes que un paquete de información.

Find a site in the U.S. near you:

www.JobCorps.gov
1-800-733-5627



Workforce Connection

NEED A JOB?

¿Necesita un trabajo?

Madera, 93638

www.MaderaCountyWorks.com
(559) 662-4500

Fresno, 93726

www.Workforce-Connection.com
(559) 230-3600

Hanford, 93230

www.KingsWorkforce.org
(559) 585-3532

Visalia, 93277

www.tcwib.org
www.cset.org
www.ProteusInc.org
(559) 713-5000

Bakersfield, 93307

www.CareerServicesCenter.com
(661) 325-4473



California Conservation Corps We Hire Youth Ages 18-25 All Year Long

Todo el año, empleamos la juventud edades 18-25

The California Conservation Corps offers you full-time work outdoors, health benefits, career direction, earn high school diploma, GED or college credits, academic, vocational scholarship, adventure; work on projects in your hometown or another part of the state; non-residential centers throughout the state, live in a dorm or commute from home.

- To apply you must**
- Be 18 to 25 years old
 - Not on probation or parole
 - A California resident
 - Pass a drug test

www.ccc.ca.gov
1-800-952-5627





Unplanned Pregnancy?

1-800-395-4357 | All calls are confidential

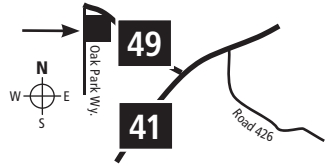
Find a site in the U.S. near you:
www.PregnancyCenters.org
 Click on "Get Help"



¿Embarazo no planeado? Ofrecemos servicios gratis que le ayudarán. Todas las llamadas son confidenciales.

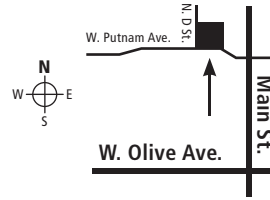
Oakhurst, 93644

Helping Hands Pregnancy and Parenting Center
 40356 Oak Park Way, Ste. A & B
 (559) 642-2229 (M-Th, 10-4)
www.ChoicesAndOptions.com



Porterville, 93257

Porterville Pregnancy Center
 64 W. Putnam Ave.
 (559) 782-1225
www.PortervillePrc.com



What We Do

- Safe and secure place to talk
- Free pregnancy testing (immediate results)
- Confidential—we examine all your alternatives
- Maternity and baby clothes/baby furniture
- Post-abortion counseling
- Information on community resources

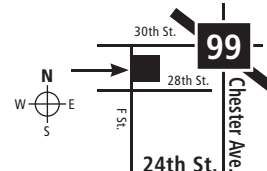
Fresno, 93701

Pregnancy Care Center
 169 N. Clark St.
 (559) 237-0683
www.care4mybody.com



Bakersfield, 93301

Bakersfield Pregnancy Center
 1801 21st St., Suite 1
 (661) 326-1907
 Hours: M-W, 9-4; Th, 9-8; F, 9-12
www.WeHelpYou.org

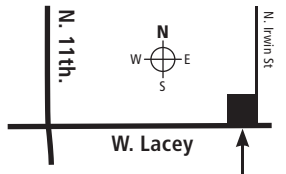


Qué Hacemos

- Caja y lugar seguro para hablar
- Prueba de embarazo sin costo alguno (resultados inmediatos)
- Confidencial—examinamos todas sus alternativas
- Maternidad y la ropa de bebé / cuidado de los muebles
- Consejería después de la aborto
- Información sobre recursos de la comunidad

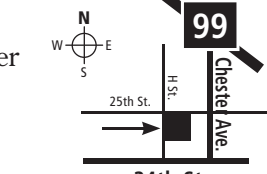
Hanford, 93230

Crossroads Pregnancy Center
 206 W. Lacey Blvd., Suite A
 (559) 583-1900
www.CrossroadsCpc.com



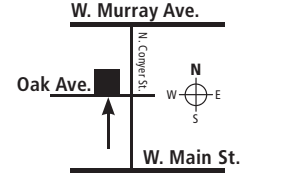
Bakersfield, 93301

LifeHouse Pregnancy Care Center
 2428 H St.
 (661) 323-2229
www.lifehouse.glorifyjesus.com



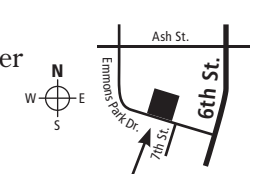
Visalia, 93291

Crossroads Pregnancy Center
 916 W. Oak Ave.
 (559) 625-5550
www.CarePregnancyCenter.org



Taft, 93268

LifeHouse Pregnancy Care Center
 28 Emmons Park Dr.
 (661) 763-4791
www.lifehouse.glorifyjesus.com



We Help First-Time Parents Succeed

Ayudamos a los padres primerizos exito

Find a site in the U.S. near you:
www.NurseFamilyPartnership.org
 Click on "Locations" then on state



Your nurses visit you at home and provide materials, tips and information about...

- Pregnancy
- Caring for baby
- Breastfeeding
- Good parenting
- Keeping baby safe
- Healthy foods
- Immunizations
- Day care
- How to budget
- Housing
- Education
- Employment

All services are free to first-time mothers.

Sus enfermeras le visitará en su casa y proporcionar materiales, consejos e información acerca de...

- Embarazo
- El cuidado de bebé
- Lactancia Materna
- Buena crianza de los hijos
- Mantener bebé seguro
- Alimentos saludables
- Inmunizaciones
- Las guarderías
- Cómo presupuesto
- Vivienda
- Educación
- Empleo

Todos los servicios son gratis para madres primerizas.



EraPhernaliaVintage / Cheryl

CHILD CARE

¿Necesita cuidado de niños en su área?



Find a site in the U.S. near you:
www.ChildCareAware.org
 Enter your ZIP Code then scroll to bottom of page



Foster Parents Make a Difference

Necesitamos que los padres de crianza temporal. Ellos hacen una diferencia.

Yes! Prospective foster parents can specify the age and gender of children they want to care for.

- The children range in age from newborns to teenagers.

¡Sí! Los futuros padres pueden precisar la edad y sexo de los hijos que quieran cuidar.

- Los niños en edades que van desde recién nacidos hasta adolescentes.

Find a site in the U.S. near you:
 Google "CCLD Facility Search Form"
 1-800-543-7487 (California)
 Adoption Information Services



Deaf or Hard of Hearing?

We can help you achieve and maintain your self-sufficiency and independence.

Find a site in the U.S. near you:
 Google "Deaf" or "Hard of Hearing"
 and your ZIP Code



Sordos o que no pueden oír bien? Podemos ayudarle a lograr y mantener su autosuficiencia y la independencia.

P.A.L.
 Police Athletics League is a
 Youth Crime Prevention Program

Find a site in the U.S. near you:
www.NationalPal.org
 In the PAL Locator field, enter city and state





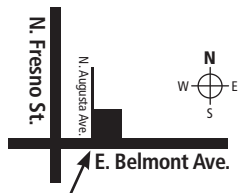
Find a site in the U.S. near you:
www.bgca.org
 Click "Find a Club" and enter your ZIP Code



We Help Moms Keep Kids Safe & Off the Street
Ayudar a las madres mantenga hijos a salvo y fuera de la calle

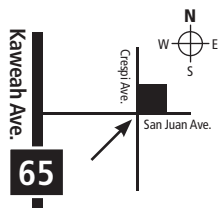
Fresno, 93701

540 N. Augusta Ave., 93701
 (559) 495-6540
 M-F, 9-5
www.bgclubfc.org



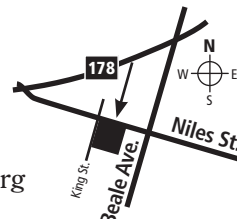
Exeter, 93221

1003 San Juan Ave.
 (559) 592-4074
 M-F, 9-5
www.bgcsequoias.org



Bakersfield, 93305

801 Niles St.
 (661) 325-3730
 M-F, 8-6
www.bgclubsof kerncounty.org



Find a site in the U.S. near you:
www.bbbsa.org
 Click on "Find a Local Agency"
 Enter ZIP Code



Mentoring makes a difference in the community. *Los mentores hacen una diferencia en la comunidad.*

One-to-One

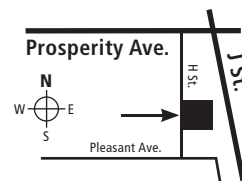
- Mentoring is about spending quality one-on-one time with a child.
- It's as easy as taking your Little along with you to something you were going to do anyway—like lunch. You've got to eat, right?
- The activities don't have to cost a lot. It's not about spending money; it's about spending time.
- Mentors are regular people just like you.

Uno-a-Uno

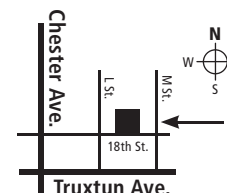
- Ser un mentor es acerca de la calidad del gasto de uno-a-uno tiempo con un niño, disfrutando de actividades juntos.
- Es tan fácil como tomar su Little junto con usted para algo que se va a hacer de todos modos, como la comida. Hay que comer, ¿no?
- Las actividades no cuestan mucho. No es acerca de gastar el dinero; tiene que ver con el gasto de tiempo.
- Los mentores son personas ordinario como usted.

Tulare County

948 N. H St., Suite 2
 Tulare, CA 93274
 (559) 687-1108

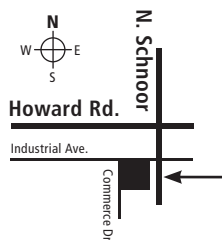


1212 18th St.
 Bakersfield, CA 93301
 (661) 900-1222
 M-F, 9-4



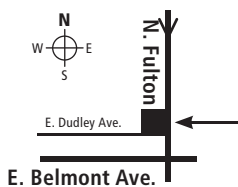
Madera County

2300 W. Industrial Ave.
 Madera, CA 93637
 (559) 268-2447
 M-F 8:30-5:30



Fresno County

905 N. Fulton St.
 Fresno, CA 93728
 (559) 268-2447
 M-F, 9-5



Whatever your passion, there's a volunteer opportunity for you. As a volunteer, you can touch lives and introduce real hope.

BOY SCOUTS OF AMERICA

Find a site in the U.S. near you:
www.scouting.org



Boy Scout Oath

On my honor I will do my best to do my duty to God and my country and to obey the Scout Law; To help other people at all times; To keep myself physically strong, mentally awake, and morally straight.

Boy Scout Oath

Por mi honor que haré mi mejor esfuerzo para cumplir con mi deber a Dios ya mi patria y obedecer la Ley Scout, para ayudar a otras personas en todo momento; Para mantenerme físicamente fuerte, mentalmente alerta y moralmente recto.

Character, Citizenship, Fitness
Caracteres, Ciudadanía, Salud

Fresno Council
 6005 N. Tamera Ave.
 Fresno, CA 93711
 (559) 320-2100
www.seqbsa.org

Sequoia Council
 230 NW 3rd Ave.
 Visalia, CA 93291
 (559) 732-3424
www.seqbsa.org

Southern Sierra Council
 2417 M St.
 Bakersfield, CA 93301
 (661) 325-9036
www.sscbsa.org



The YMCA helps build strong kids, strong families, and strong communities

Find a site in the U.S. near you:
www.ymca.net
 1-800-872-9622



La YMCA se basa niños fuertes, familias fuertes, comunidades fuertes

Recreational Services

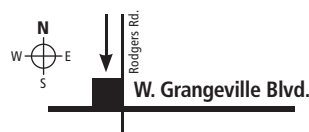
- Childcare
- Camping
- Youth sports
- Social programs
- Cardio work-out
- Indoor swimming pool
- Weights
- Much more

Servicios de Recreación

- El cuidado de los niños
- Camping
- Juventud deportes
- Programas sociales
- Cardio elaborar
- Piscina cubierta
- Pesos
- Mucho Más

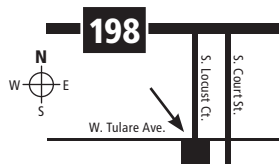
Hanford, 93230

1010 W. Grangeville Blvd.
 (559)584-9622
www.KingsYmca.org



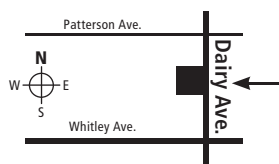
Visalia, 93277

211 W. Tulare Ave.
 (559) 627-0700
www.GoldenStateYmca.org



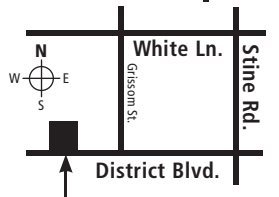
Corcoran, 93212

900 Dairy Ave.
 (559) 992-5171
www.GoldenStateYmca.org



Bakersfield, 93313

5880 District Blvd., Suite 13
 (661) 837-9622
www.YmcaOfKern.org





The Salvation Army

Call and ask about their specific programs

Find a site in the U.S. near you:
www.SalvationArmyUSA.org
 Enter your ZIP Code



Transforming human lives at the point of greatest need.

La transformación de la vidas humanas en el punto de mayor necesidad.

What We Do

- Its mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination.

Qué Hacemos

- Su misión es predicar el evangelio de Jesús Cristo y para satisfacer las necesidades humanas en su nombre, sin discriminación.

We Provide...

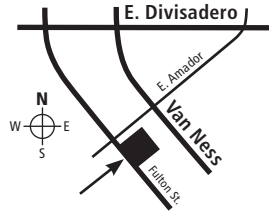
- Food boxes
- U.S.D.A. commodities
- Senior brown bag
- E.F.S.P. PG&E assistance
- Rent/Mortgage assistance
- Fire victim assistance
- Parolee assistance

Ofrecemos...

- Alimentación cajas
- U.S.D.A. productos básicos
- Bolsa de comida para ancianos
- E.F.S.P. PG&E de asistencia
- Alquiler / Hipoteca asistencia
- La asistencia a las víctimas de incendios
- Ayuda para los parolees

Fresno, 93721

Family Service Center
 1752 Fulton St.
 (559) 233-0138, M-F, 9-3:30



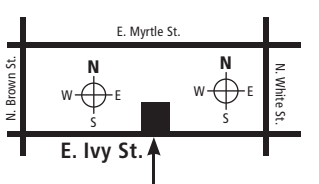
Tulare, 93274

Family Resource Center
 314 E. San Joaquin Ave.
 (559) 687-2520; M-F, 9-4



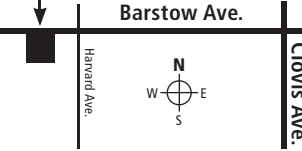
Hanford, 93230

Family Service Center
 380 E. Ivy St.
 (559) 582-4434; M-F, 9-4



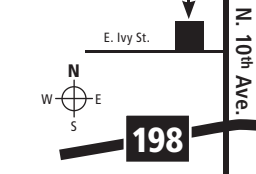
Clovis, 93612

Family Service Center
 210 Barstow Ave.
 (559) 298-6797
 M,W,Th, 9-12



Visalia, 93291

Family Service Center
 1501 W. Main St.
 (559) 733-2784
 M-F, 9-4



Bakersfield, 93309

Family Resource Center
 4417 Wilson Rd.
 (661) 836-8487
 M-Th, 7-3




RESCUE MISSIONS

Call and ask about their specific programs

Find a site in the U.S. near you:
www.agrm.org
 Click on "Get Help Now,"
 then "searchable map directory"



Llame y pregunte a su misión de rescate más cercano acerca de sus programas específicos

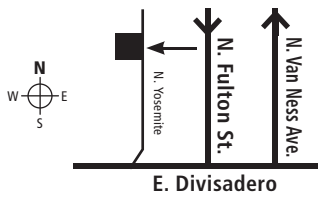
Madera, 93638

Madera Rescue Mission
 332 Elm St.
 (559) 675-8321



Fresno, 93701

Evangel Home for women
 137 N. Yosemite Ave.
 (559) 264-4714
www.evangelhome.org



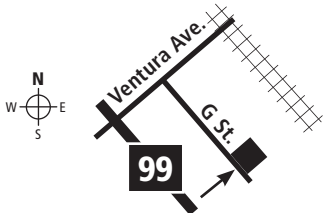
Porterville, 93257

Porterville Rescue Mission
 30 S. A St.
 (559) 789-9588



Fresno, 93706

The Fresno Rescue Mission
with Emergency Family Shelter
 310 G St.
 (559) 268-0839
www.fresnorescuemission.org



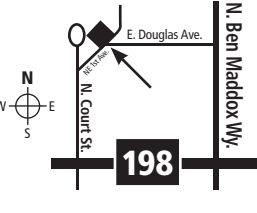
Tulare, 93274

Lighthouse Rescue Mission
for women and children
 111 W. Kern Ave.
 (559) 687-8317
www.lighthouserescue.org



Visalia, 93291

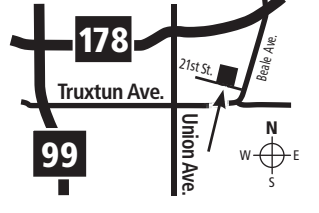
Visalia Rescue Mission
 322 NE 1st Ave.
 (559) 733-2231
www.visaliarescue.org



When you feel you can't go on, you're not alone. We are here for you.
Cuando usted siente que no puede seguir así, no estás solo. Estamos aquí para usted.

Bakersfield, 93305

Bakersfield Rescue Mission
 816 E. 21st St.
 (661) 325-0863
www.thebrm.org



Find a site in the U.S. near you:
www.CatholicCharitiesUSA.org
 Click on "Get Help - Find Local Assistance"
 Select your state



What We Do

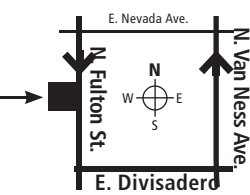
- Food, shelter
- Clothing
- Financial assistance
- Counseling
- Immigration and refugee services
- Adoption
- Child care
- Support services for seniors

Qué Hacemos

- Comida, vivienda
- Ropa
- Asistencia financiera
- Servicios de inmigración y refugiados
- Aprobación
- Cuidado de niños
- Servicios de apoyo para personas de edad

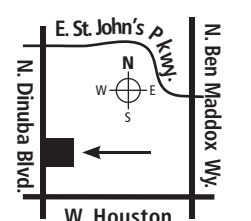
Fresno, 93701

Fresno & Madera Counties
 Fresno Family Resource Center
 149 N. Fulton St.
 (559) 237-0851



Visalia, 93291

Tulare County
 Good News Center
 1724 N. Dinuba Blvd.
 (559) 734-1572



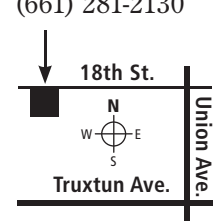
Porterville, 93257

Tulare County
 St. Vincent De Paul
 1309 S. Main St., Bldg. B
 (559) 781-5555



Bakersfield, 93301

Kern & Inyo Counties
 Bakersfield Family Resource Center
 525 18th St.
 (661) 281-2130



We work to support families, reduce poverty, and build communities.

Trabajamos para apoyar a las familias, reducir la pobreza y construir comunidades.

As a volunteer, you can touch lives and introduce real hope.



**Faces
of
Meth™**

Find a site in the U.S. near you:

www.HIVtest.org
Enter your ZIP Code



← www.FacesOfMeth.us

- Methamphetamine destroys the mind and body.
- Meth creates psychosis and eats away at brain tissue.
- The body stops craving food, and only wants the drug.

- La metanfetamina destruye la mente y el cuerpo.
- La droga crea psicosis y corroe el tejido cerebral.
- El cuerpo deja de alimentos antojo, y que sólo quiere la droga.

ADDICTED TO PORNOGRAPHY? THERE IS HELP FOR YOU

¿Adicto a la pornografía? Hay ayuda para usted

Find resources online:

www.ncmFresno.org
www.ExodusYouth.net



Google "Celebrate Recovery Church" and ZIP Code



Sexual Addiction Test

- Were you sexually abused as a child or adolescent?
- Have sexual thoughts interfered with your ability to function at work or at school?
- Have you failed to meet commitments or fulfill responsibilities because of your involvement with pornography?
- Have you had sex regardless of the consequences, the threat of being caught, the risk of contracting herpes, gonorrhea, AIDS, etc.?
- Have you had sex at inappropriate times, in inappropriate places, and/or with inappropriate people?
- Have you had an important relationship end because of your inability to stop looking at pornography and/or outside sexual activity?
- Have you increased the risk you take online (giving out your name and phone

number, meeting people offline, etc.)?

- Confused about your sexual identity?
- The spouse or parent of someone who is struggling with these issues?
- A Christian leader searching for resources?

Prueba la Adicción Sexual

- ¿Fue usted sexualmente abusado de niño o adolescente?
- ¿Tienen pensamientos sexuales interferido con su capacidad para funcionar en el trabajo o en la escuela?
- ¿Ha incumplido compromisos o de cumplir con las responsabilidades debido a su implicación con la pornografía?
- ¿Ha tenido relaciones sexuales sin importar las consecuencias, el riesgo de ser detectado, el riesgo de herpes de contratación, la

gonorrea, SIDA, etc?

- ¿Ha tenido relaciones sexuales en momentos inadecuados, en lugares inadecuados, y/o con la gente es inapropiado?
- ¿Ha tenido un fin importante relación debido a su incapacidad para dejar de mirar a la pornografía y/o la actividad sexual fuera?
- ¿Ha aumentado el riesgo de tomar en línea (dar su nombre y número de teléfono, conocer gente fuera de línea, etc)?
- ¿Confundido acerca de su identidad sexual?
- El cónyuge, padre o madre de alguien que está luchando con estas cuestiones?
- Un líder cristiano en busca de recursos?

Books We Recommend Reading

- *Out of the Shadows* by Patrick Carnes, Ph.D
- *Breaking Free* by Russell Willingham
- *Relational Masks* by Russell Willingham

Making decisions about sex can be difficult, but dealing with everything that comes with it can be downright frightening.

La toma de decisiones sobre el sexo puede ser difícil, pero en relación con todo lo que viene con él puede ser francamente aterrador.

Needhelp News helps you find a place to serve others. How? **Take a tour** (see for yourself what they are doing). Get involved. Give money. *Do something.*



- Take a course
- Donate blood
- Volunteer
- Host a blood drive
- More

Find a site in the U.S. near you:

www.RedCross.org
Enter city or ZIP Code
1-866-438-4636



Needhelp News shows people where they can find basic help

- There are many nonprofit organizations in this area doing great things for people.
- You help people in need by helping these organizations.
- Here's how you can help...

- The people who work (or volunteer) at these nonprofits are the most hard-working, under-paid, loving people you'll ever meet.
- what they are doing (and ask about their specific needs).
- what you see.
- your time or talents.
- or organize a fundraiser for them.
- —you'll enjoy it and feel great!

If you are currently using, have used, or would like to use *Needhelp News* to help your clients—but you have limited funding to print papers— we'll post your request online at no cost. Email: needsponsors@NeedhelpNews.com

Needhelp®

Questions? Go to www.NeedhelpNews.com

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Jason Ramsey, *Webmaster*
jason@NeedhelpNews.com

Mission: To help nonprofit organizations to further their mission, recruiting and fundraising. We do this by letting everyone know where to find basic help, and showing people where they can serve.

Copyright ©2010 Needhelp. All rights reserved.

Whatever your passion, there's a volunteer opportunity for you. As a volunteer, you can touch lives and introduce real hope.

- www.VolunteerMatch.org
- www.ChristianVolunteering.org

This page is available for sponsors

Sponsor a *Needhelp News*

Sponsors pay for printing and graphics. Here are **examples** of what can be done...

8-Page Area Paper

Sponsors determine what information or advertising appears at the bottom three inches of the front page, and also on pages 7 and 8.

This space available for advertising
10.25" x 3"

Needhelp News
www.NeedhelpNews.com

Suicide and Crisis Hotlines
Madera.....1-888-275-9779
Fresno.....(559) 453-4894
Kings.....(559) 582-4484
Tulare.....1-800-320-1616
Kern.....1-800-991-5272
U.S.....1-800-784-2433
U.S.....www.SuicideHotlines.com
U.S.....www.1800runaway.org

Grieving?
You're not alone.
www.grieving.org
Find a site in the U.S. near you:
www.eldercare.gov

Family and Emergency Services
Familia y Servicios de Emergencia
Catholic Charities.....7
Rescue Missions.....7
The Salvation Army.....7
American Red Cross.....6

Services available to WOMEN
Los servicios disponibles para las mujeres
Domestic Violence.....2
Rape Crisis Centers.....2
Unplanned Pregnancy.....3
Child Care Referral.....3
Babies First/Nurse-Family.....3

Helping Parents Keep Kids Safe
Ayudando a los padres mantener a los niños seguridad

Food Banks
¿Alimento de necesidad?
Madera County
221 S. Pine St., Bldg. 101
Madera, CA 93637
(559) 674-1482
www.maderafoodbank.org
Fresno County
3403 E. Central Avenue
Fresno, CA 93725
(559) 227-3662
http://communityfoodbank.net
(do not type "www")
Kings County
1222 W. Lacey Blvd., Ste. 201
Hanford, CA 93230
(559) 582-4386
Tulare County
7427 W. Sunnyview Ave.
Visalia, CA 93291
(559) 653-0662
www.foodlinktc.org
Kern County
Call 2-1-1 for locations
www.cakp.org/ledap
U.S.
www.feedingamerica.org

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American Red Cross.....7
Big Brothers Big Sisters.....5
Boy Scouts.....4
Boys & Girls Clubs.....5
Catholic Charities.....7
Child Care Referrals.....3
Deaf / Hard of Hearing.....2
Disabled.....2
Domestic Violence.....2
Food Banks.....1
Foster Parenting.....3
Google "Celebrate Recovery Church" and ZIP Code.....3
Pregnancy Care Centers.....3
Rape Crisis Centers.....2
Rescue Missions.....7
Runaways.....1
Suicide.....1
The Salvation Army.....7
YMCA.....5

If they want, sponsors can add four pages. Sponsors determine what information or advertising appears at the bottom three inches of the front page, and also on pages 7, 8, 9, 10, 11, and 12.

When you print 3,000 papers (or more) you will also be...

- helping at least 3,000 people find basic help
- helping to promote the 28 nonprofits in the paper
- helping to show people where they can serve

The final design and layout of information is up to you

8 Sponsor's Page

Dysfunctional or Criminal Background?

Entrepreneurial Training Center
1041 E. Shields Ave.
Fresno, CA 93704
(559) 248-9111
www.fresnoetc.org

Marjae Mason Center
Safe Place for Women
(559) 233-4357 (233-HELP)
1600 M St.
www.mmcenter.org

The EOC Sanctuary
Safe Place Youth Shelter
1-800-820-4968
1545 N St.

EOC Health Services Clinic
(559) 499-1690
1047 R St.
www.fresnoeoc.org

The Salvation Army
Family Service Center
(559) 233-0138 1752 Fulton St.
www.salvationarmy.org

Naomi's House
Overnight Shelter for Single Women
(559) 498-6988
445 F St.
www.naomishouse.org

Holy Cross Center for Women
(559) 237-3379
421 F St.
www.samc.com

Poverello House
(559) 498-6988
412 F St.
www.poverellohouse.org

The Fresno Rescue Mission
(559) 268-0829
310 G St.
www.fresnorescuemission.org

The EOC Sanctuary
Safe Shelter for Youth Ages 11-17
1545 N St.
Fresno, CA 93721
(559) 498-8543 or
(800) 820-4968

We're Here to Help
Board any FAX bus (in the city of Fresno) and ride to help. The driver will take you to the EOC Sanctuary if you...
• Are 11 to 17 years old and need a place to stay
• Are having problems at home
• Are a runaway or are homeless
• Are in crisis and need help or counseling
• Shelter, food, clothing

Whenever you see this sign, it's OK to ask for help. Any business, public location or Fresno city bus displaying the yellow and black sign is a "Safe Place."

You can use this page to sponsor your...

- business
- nonprofit organization
- church or
- service club

so that people will know who you are and what you do in your community.

This layout is one example of what a sponsor can do...

- You can promote one, two or as many nonprofits as you want.
- The most appreciated feature in *Needhelp News* is a full page area map, pointing to specific local nonprofit organizations.

Need help with your printing or ad layouts? Call Willems Commercial Printing

Cost for Ad Template Layout
• \$50 per quarter page
• \$150 per full page

Contact us
needhelp@willemsprinting.com
(559) 834-1919

All printing and layout prices subject to change. Call Willems Printing to verify rates.

www.GrowYourMarriage.com



‘We learned
skills
and now we
have a happy
and **healthy**
relationship.’



The Healthy Marriage Coalition of Fresno/Madera County is a 501(c)3 non-profit organization.

We offer skills-based classes for:

- cohabiting couples ~~~~~
- engaged couples ~~~~~
- married couples ~~~~~
- single parents ~~~~~
- singles ~~~~~
- youth ~~~~~

Our classes are very effective and affordable! Visit our website today...

www.GrowYourMarriage.com

We are not a counseling agency and do not provide marriage counseling.



For skills-based,
relationship classes
near you, go to...

www.GrowYourMarriage.com



Healthy Marriages. Happy Kids. Strong Families.

MISSION

The Healthy Marriage Coalition of Fresno/Madera County exists to prepare and strengthen individuals and couples in order to have healthy relationships and marriages/families in Central California through Marriage Education Programs.

SCOPE

Our coalition reaches out to individuals and couples in the Fresno/Madera County area and beyond.

GOAL

Our goal is to impart practical relationship skills to youth, singles, engaged and cohabiting couples, married couples and single parents.