



Family Options

Adult Family Home Agency

See pages 7 and 8



■ *Anyone Can Help Anyone Find Basic Help*

www.NeedhelpNews.com ■

Needhelp® News



Suicide and Crisis Hotlines

Madera..... 1-888-275-9779
 Fresno (559) 453-4894
 Kings..... (559) 582-4484
 Tulare1-800-320-1616
 Kern..... 1-800-991-5272
 U.S. 1-800-784-2433
 U.S. ... www.SuicideHotlines.com
 U.S. ... www.1800runaway.org
 Child Abuse.....1-800-422-4453

Programs that help maintain independence for

SENIORS

Los programas que ayudan a mantener la independencia de las personas de edad

1-800-677-1116

Find a site in the U.S. near you:
www.eldercare.gov

Alcohol / Drug Addiction
www.aa.org / www.HIVtest.org
www.FacesOfMeth.us.....6

American Red Cross
 1-866-438-4636
www.RedCross.org6

Big Brothers Big Sisters
www.bbbs.org4

Boy Scouts
www.scouting.org4

Boys & Girls Clubs
www.bgca.org/clubs.....4

Catholic Charities
www.CatholicCharitiesUSA.org.. 5

Child Care Referrals
www.ChildCareAware.org3

Deaf / Hard of Hearing3
 Google "Deaf" or "Hard of Hearing" and ZIP Code

Disabled (Independent Living)
www.ilru.org.....2

Domestic Violence
 1-800-799-7233
www.ndvh.org2

Food Banks
www.FeedingAmerica.org1

Foster Parenting3
 Google "CCLD facility search form" California..... 1-800-543-7487

Grief Support
www.GriefShare.org1

Jobs
www.JobCorps.gov.....2
 Google "Jobs" and ZIP Code

Nurse-Family Partnership
www.NurseFamilyPartnership.org...3

Police Activities League
www.NationalPal.org3

Pornography6
 Google "Celebrate Recovery Church" and ZIP Code

Pregnancy Care Centers
 1-800-395-4357
www.PregnancyCenters.org...3

Rape Crisis Centers
 1-800-656-4673
www.rainn.org2

Rescue Missions
www.agrm.org5
 Google "Rescue Mission" and ZIP Code

Runaways
 1-800-786-2929
www.1800runaway.org.....1

Suicide
 1-800-784-2433
www.SuicideHotlines.com1

The Salvation Army
www.SalvationArmyUSA.org..5

YMCA
www.ymca.net4

Grieving? You're not alone.

Find a site in the U.S. near you:
www.griefshare.org/findagroup

Usted no está solo en su duelo. Busque un grupo de GriefShare.

Family and Emergency Services

Familia y Servicios de Emergencia

Catholic Charities.....5
 Rescue Missions5
 The Salvation Army.....5
 American Red Cross6

Food Banks

¿Alimento de necesidad?

Madera County
 221 S. Pine St., Bldg. 101
 Madera, CA 93637
 (559) 674-1482
www.MaderaFoodBank.org

Fresno County
 3403 E. Central Avenue
 Fresno, CA 93725
 (559) 237-3663
<http://CommunityFoodBank.net>
 (do not type "www")

Kings County
 1222 W. Lacey Blvd., Ste. 201
 Hanford, CA 93230
 (559) 582-4386

Tulare County
 7427 W. Sunnyview Ave.
 Visalia, CA 93291
 (559) 651-3663
www.FoodLinktc.org

Kern County
 Call 2-1-1 for locations
www.capk.org/tefap

U.S.
www.FeedingAmerica.org

Services available to WOMEN

Los servicios disponibles para las mujeres

Domestic Violence.....2
 Rape Crisis Centers.....2
 Unplanned Pregnancy.....3
 Child Care Referral3
 Babies First/Nurse-Family.....3

Helping Parents Keep Kids Safe

Ayudando a los padres mantener a los niños seguridad

Big Brothers Big Sisters... 4
 Boy Scouts..... 4
 Boys and Girls Clubs..... 4
 Police Activities League ... 3
 YMCA..... 4



Domestic Violence
 1-800-799-7233
 Google "rape" and your city or ZIP Code

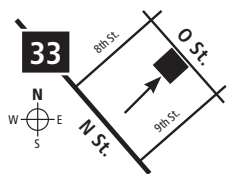
Rape Crisis
 1-800-656-4673
 Google "domestic violence" and your city or ZIP Code

Victims of Domestic Violence and Rape

Las Víctimas de la Violencia Doméstica y Violación

Resources for Survivors of Sexual Assault and Family Violence

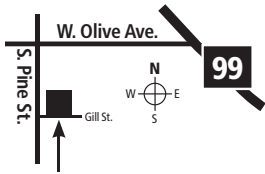
Firebaugh, 93622
 Carmen Meza Center
 838 O St.
 (559) 659-0232 (M-F, 8-5)



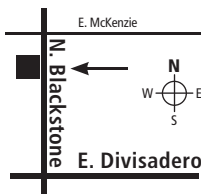
Coalinga, 93210
 Carmen Meza Center
 143 N. 5th St.
 (559) 934-0915 (24 hr.)



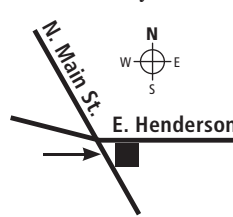
Madera, 93637
 Domestic Violence
 1225 Gill Ave.
 (800) 355-8989 (24 hr.)



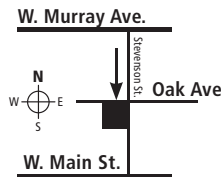
Fresno, 93721
 Resource Center for Survivors of Sexual Assault and Family Violence
 259 N. Blackstone Ave.
 (559) 222-7273 (24 hr.)
 www.rcsfresno.com



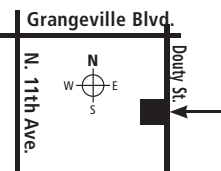
Porterville, 93257
 Domestic Violence
 770 N. Main St.
 (559) 784-0192 (24 hr.)
 www.ccfamilycrises.org



Visalia, 93291
 Domestic Violence
 815 W. Oak Ave., Suite B
 (559) 732-5941



Hanford, 93230
 Kings Community Action Organization
 1208 N. Douty St.
 (877) 727-3225 (24 hr.)



Bakersfield, 93301
 Domestic Violence
 1921 19th St. (office)
 (800) 273-7713
 www.kernalliance.org



Your kids deserve a safe place.
Sus hijos merecen una lugar seguro.



Resources for Independent Living Centers

¿Discapacitado? Trabajamos para promover su independencia.

Bakersfield (661) 325-1063
 Madera (559) 675-5772
 Fresno (559) 221-2330
 Visalia (559) 622-9276

Find a site in the U.S. near you:
www.ilru.org
 Click on "IRLU Directory of CILs/SILCs" then click on your state



Job Corps

is a No-Cost Education and Vocational Training Program for Young Adults Ages 16 to 24

Job Corps es una educación sin costo y el Programa de Formación Profesional para adultos jóvenes de 16 a 24

How do I apply?
 Call 1-800-733-5627. An operator will give you general information about the program, refer you to the admissions counselor closest to where you live, and mail you an information packet.

¿Cómo puedo aplicar?
 Llame a 1-800- 733-5627. El operador le dará información general sobre el programa, que se refieren a la admisión consejero más cercana a su domicilio, y de los mensajes que un paquete de información.

Find a site in the U.S. near you:
www.JobCorps.gov
 1-800-733-5627

Workforce Connection

NEED A JOB?

¿Necesita un trabajo?

Madera, 93638
www.MaderaCountyWorks.com
 (559) 662-4500

Fresno, 93726
www.Workforce-Connection.com
 (559) 230-3600

Hanford, 93230
www.KingsWorkforce.org
 (559) 585-3532

Visalia, 93277
www.tcwib.org
www.cset.org
www.ProteusInc.org
 (559) 713-5000

Bakersfield, 93307
www.CareerServicesCenter.com
 (661) 325-4473

California Conservation Corps

We Hire Youth

Ages 18-25 All Year Long

Todo el año, empleamos la juventud edades 18-25

The California Conservation Corps offers you full-time work outdoors, health benefits, career direction, earn high school diploma, GED or college credits, academic, vocational scholarship, adventure; work on projects in your hometown or another part of the state; non-residential centers throughout the state, live in a dorm or commute from home.

To apply you must

- Be 18 to 25 years old
- Not on probation or parole
- A California resident
- Pass a drug test

www.ccc.ca.gov
 1-800-952-5627



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Unplanned Pregnancy?

1-800-395-4357 | All calls are confidential

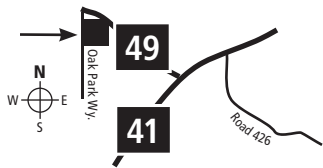
Find a site in the U.S. near you:
www.PregnancyCenters.org
 Click on "Get Help"



¿Embarazo no planeado? Ofrecemos servicios gratis que le ayudarán. Todas las llamadas son confidenciales.

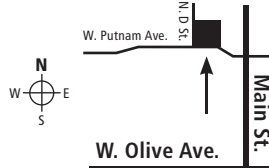
Oakhurst, 93644

Helping Hands Pregnancy and Parenting Center
 40356 Oak Park Way, Ste. A & B
 (559) 642-2229 (M-Th, 10-4)
www.ChoicesAndOptions.com



Porterville, 93257

Porterville Pregnancy Center
 64 W. Putnam Ave.
 (559) 782-1225
www.PortervillePrc.com



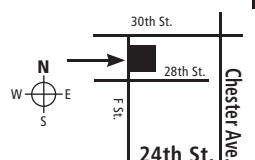
Fresno, 93701

Pregnancy Care Center
 169 N. Clark St.
 (559) 237-0683
www.care4mybody.com
www.care4pcc.com



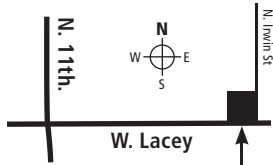
Bakersfield, 93301

Bakersfield Pregnancy Center
 1801 21st St., Suite 1
 (661) 326-1907
 Hours: M-W, 9-4; Th, 9-8; F, 9-12
www.WeHelpYou.org



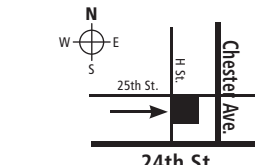
Hanford, 93230

Crossroads Pregnancy Center
 206 W. Lacey Blvd., Suite A
 (559) 583-1900
www.CrossroadsCpc.com



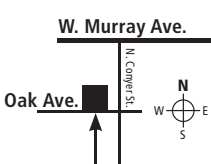
Bakersfield, 93301

LifeHouse Pregnancy Care Center
 2428 H St.
 (661) 323-2229
www.lifehouse.glorifyjesus.com



Visalia, 93291

Crossroads Pregnancy Center
 916 W. Oak Ave.
 (559) 625-5550
www.CarePregnancyCenter.org



Taft, 93268

LifeHouse Pregnancy Care Center
 28 Emmons Park Dr.
 (661) 763-4791
www.lifehouse.glorifyjesus.com



What We Do

- Safe and secure place to talk
- Free pregnancy testing (immediate results)
- Confidential—we examine all your alternatives
- Maternity and baby clothes/baby furniture
- Post-abortion counseling
- Information on community resources

Qué Hacemos

- Caja y lugar seguro para hablar
- Prueba de embarazo sin costo alguno (resultados inmediatos)
- Confidencial—examinamos todas sus alternativas
- Maternidad y la ropa de bebé / cuidado de los muebles
- Consejería después de la aborto
- Información sobre recursos de la comunidad

We Help First-Time Parents Succeed

A ayudamos a los padres primerizos éxito

Find a site in the U.S. near you:
www.NurseFamilyPartnership.org
 Click on "Locations" then on state



Your nurses visit you at home and provide materials, tips and information about...

- Pregnancy
- Caring for baby
- Breastfeeding
- Good parenting
- Keeping baby safe
- Healthy foods
- Immunizations
- Day care
- How to budget
- Housing
- Education
- Employment

Sus enfermeras le visitará en su casa y proporcionar materiales, consejos e información acerca de...

- Embarazo
- El cuidado de bebé
- Lactancia Materna
- Buena crianza de los hijos
- Mantener bebé seguro
- Alimentos saludables
- Inmunizaciones
- Las guarderías
- Cómo presupuesto
- Vivienda
- Educación
- Empleo

All services are free to first-time mothers.

Todos los servicios son gratis para madres primerizas.



EraPhernaliaVintage / Cheryl

CHILDCARE

¿Necesita cuidado de niños en su área?



Find a site in the U.S. near you:
www.ChildCareAware.org
 Enter ZIP Code then scroll to bottom of page



Foster Parents Make a Difference

Yes! Prospective foster parents can specify the age and gender of children they want to care for. The children range in age from newborns to teenagers.

Necesitamos que los padres de crianza temporal. Ellos hacen una diferencia. ¡Sí! Los futuros padres pueden precisar la edad y sexo de los hijos que quieren cuidar. Los niños en edades que van desde recién nacidos hasta adolescentes.

Find a site in the U.S. near you:
 Google "CCLD Facility Search Form"
 1-800-543-7487 (California)
 Adoption Information Services



Deaf or Hard of Hearing?

We can help you achieve and maintain your self-sufficiency and independence.

Sordos o que no pueden oír bien? Podemos ayudarle a lograr y mantener su autosuficiencia y la independencia.

Find a site in the U.S. near you:
 Google "Deaf" or "Hard of Hearing" and ZIP Code



P.A.L.

PAL is a Youth Crime Prevention Program

Find a site in the U.S. near you:
www.NationalPal.org
 In the PAL Locator field, enter city and state



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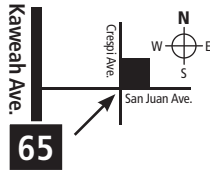
Find a site in the U.S. near you:
www.bgca.org
 Click "Find a Club" and enter ZIP Code

We help moms keep kids safe and off the street. *Ayudar a las madres mantenga hijos a salvo y fuera de la calle.*

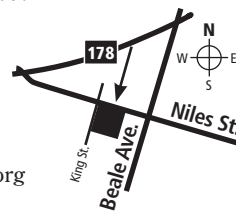
Fresno, 93701
 540 N. Agusta Ave.
 (559) 495-6540
 M-F, 9-5
www.bgclubfc.org



Exeter, 93221
 1003 San Juan Ave.
 (559) 592-4074
 M-F, 9-5
www.bgcsequoias.org



Bakersfield, 93305
 801 Niles St.
 (661) 325-3730
 M-F, 8-6
www.bgclubsofkerncounty.org



Find a site in the U.S. near you:
www.bbbsa.org
 Click on "Find a Local Agency"
 Enter ZIP Code

Mentoring makes a difference in the community. *Los mentores hacen una diferencia en la comunidad.*

One-to-One

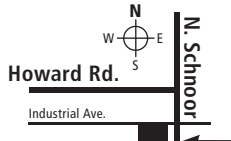
- Mentoring is about spending quality one-on-one time with a child.
- It's as easy as taking your Little along with you to something you were going to do anyway—like lunch. You've got to eat, right?
- The activities don't have to cost a lot. It's not about spending money; it's about spending time.
- Mentors are regular people just like you.

Uno-a-Uno

- Ser un mentor es acerca de la calidad del gasto de uno-a-uno tiempo con un niño, disfrutando de actividades juntos.
- Es tan fácil como tomar su Little junto con usted para algo que se va a hacer de todos modos, como la comida. Hay que comer, ¿no?
- Las actividades no cuestan mucho. No es acerca de gastar el dinero; tiene que ver con el gasto de tiempo.
- Los mentores son personas ordinario como usted.

Madera County

2300 W. Industrial Ave.
 Madera, CA 93637
 (559) 268-2447
 M-F 8:30-5:30



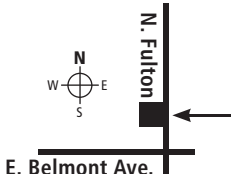
Tulare County

948 N. H St., Suite 2
 Tulare, CA 93274
 (559) 687-1108



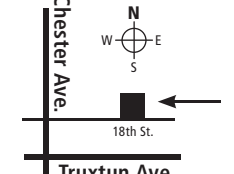
Fresno County

905 N. Fulton St.
 Fresno, CA 93728
 (559) 268-2447
 M-F, 9-5



Kern County

1212 18th St.
 Bakersfield, CA 93301
 (661) 900-1222
 M-F, 9-4



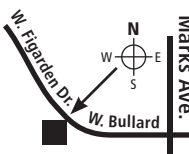
Character, Citizenship, Fitness. *Caracteres, Ciudadanía, Salud.*

Find a site in the U.S. near you:
www.scouting.org

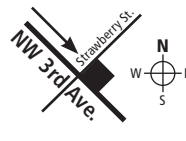
Boy Scout Oath

On my honor I will do my best to do my duty to God and my country and to obey the Scout Law; To help other people at all times; To keep myself physically strong, mentally awake, and morally straight.

Por mi honor que haré mi mejor esfuerzo para cumplir con mi deber a Dios ya mi patria y obedecer la Ley Scout, para ayudar a otras personas en todo momento; Para mantenerme físicamente fuerte, mentalmente alerta y moralmente recto.



Fresno Council
 6005 N. Tamera Ave.
 Fresno, CA 93711
 (559) 320-2100
www.seqbsa.org



Sequoia Council
 230 NW 3rd Ave.
 Visalia, CA 93291
 (559) 732-3424
www.seqbsa.org



Southern Sierra Council
 2417 M St.
 Bakersfield, CA 93301
 (661) 325-9036
www.sscbsa.org

Whatever your passion, there's a volunteer opportunity for you.



Find a site in the U.S. near you:
www.ymca.net
 1-800-872-9622

The YMCA helps build strong kids, strong families, and strong communities. *La YMCA se basa niños fuertes, familias fuertes, comunidades fuertes.*

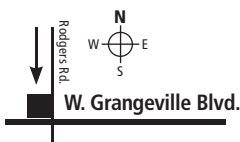
Recreational Services

- Childcare, camping, youth sports, social programs, cardio work-out, indoor swimming pool, weights, much more

Servicios de Recreación

- Cuidado de niños, campamento, deportes de la juventud, programas sociales, cardio hacer ejercicio, piscina cubierta, pesos, mucho más

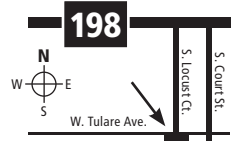
Hanford, 93230
 1010 W. Grangeville Blvd.
 (559)584-9622
www.KingsYmca.org



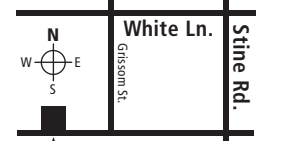
Corcoran, 93212
 900 Dairy Ave.
 (559) 992-5171
www.GoldenStateYmca.org



Visalia, 93277
 211 W. Tulare Ave.
 (559) 627-0700
www.GoldenStateYmca.org



Bakersfield, 93313
 5880 District Blvd., Suite 13
 (661) 837-9622
www.YmcaOfKern.org



Family Options
Adult Family Home Agency

See pages 7 and 8





The Salvation Army

Call and ask about their specific programs

Find a site in the U.S. near you:
www.SalvationArmyUSA.org
 Enter ZIP Code



Transforming human lives at the point of greatest need. *La transformación de la vidas humanas en el punto de mayor necesidad.*

What We Do

- Its mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination.

We Provide...

- Food boxes
- U.S.D.A. commodities
- Senior brown bag
- E.F.S.P. PG&E assistance
- Rent/Mortgage assistance
- Fire victim assistance
- Parolee assistance

Qué Hacemos

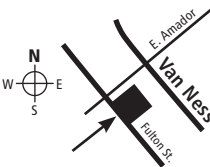
- Su misión es predicar el evangelio de Jesús Cristo y para satisfacer las necesidades humanas en su nombre, sin discriminación.

Ofrecemos...

- Alimentación cajas
- U.S.D.A. productos básicos
- Bolsa de comida para ancianos
- E.F.S.P. PG&E de asistencia
- Alquiler/Hipoteca asistencia
- La asistencia a las víctimas de incendios
- Ayuda para los parolees

Fresno, 93721

Family Service Center
 1752 Fulton St.
 (559) 233-0138, M-F, 9-3:30



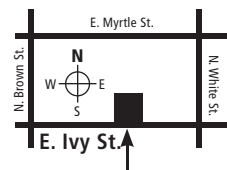
Tulare, 93274

Family Resource Center
 314 E. San Joaquin Ave.
 (559) 687-2520; M-F, 9-4



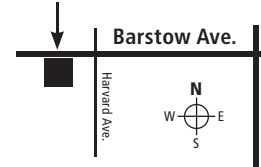
Hanford, 93230

Family Service Center
 380 E. Ivy St.
 (559) 582-4434; M-F, 9-4



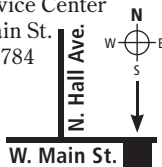
Clovis, 93612

Family Service Center
 210 Barstow Ave.
 (559) 298-6797
 M,W,Th, 9-12



Visalia, 93291

Family Service Center
 1501 W. Main St.
 (559) 733-2784
 M-F, 9-4



Bakersfield, 93309

Family Resource Center
 4417 Wilson Rd.
 (661) 836-8487
 M-Th, 7-3



Volunteers are vital to the heartbeat of nonprofit organizations.



RESCUE MISSIONS

Call and ask about their specific programs

Find a site in the U.S. near you:
www.agrm.org
 Click on "Get Help Now," then "searchable map directory"



When you feel you can't go on, you're not alone. We are here for you. *Cuando usted siente que no puede seguir así, no estás solo. Estamos aquí para usted.*

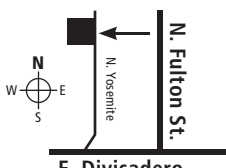
Madera, 93638

Madera Rescue Mission
 332 Elm St.
 (559) 675-8321



Fresno, 93701

Evangel Home for women
 137 N. Yosemite Ave.
 (559) 264-4714
www.evangelhome.org



Fresno, 93706

The Fresno Rescue Mission with Emergency Family Shelter
 310 G St.
 (559) 268-0839
www.fresnorescuemission.org



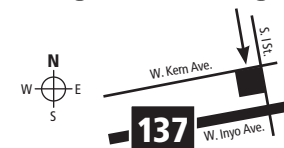
Porterville, 93257

Porterville Rescue Mission
 30 S. A St.
 (559) 789-9588



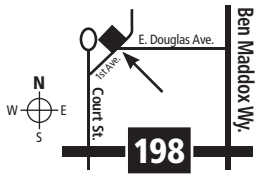
Tulare, 93274

Lighthouse Rescue Mission for women and children
 111 W. Kern Ave.
 (559) 687-8317
www.lighthouserescue.org



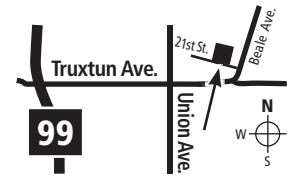
Visalia, 93291

Visalia Rescue Mission
 322 NE 1st Ave.
 (559) 733-2231
www.visaliarescue.org



Bakersfield, 93305

Bakersfield Rescue Mission
 816 E. 21st St.
 (661) 325-0863
www.thebrm.org



As a volunteer, you can touch lives and introduce real hope.



Catholic Charities USA

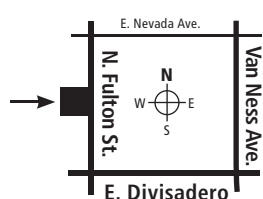
Find a site in the U.S. near you:
www.CatholicCharitiesUSA.org
 Click on "Get Help - Find Local Assistance" Select your state



We work to support families, reduce poverty, and build communities. *Trabajamos para apoyar a las familias, reducir la pobreza y construir comunidades.*

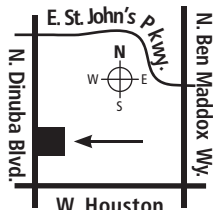
Fresno, 93701

Fresno & Madera Counties
 Fresno Family Resource Center
 149 N. Fulton St.
 (559) 237-0851



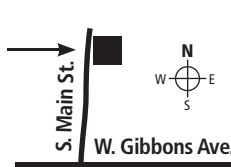
Visalia, 93291

Tulare County
 Good News Center
 1724 N. Dinuba Blvd.
 (559) 734-1572



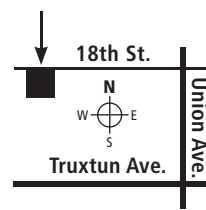
Porterville, 93257

Tulare County
 St. Vincent De Paul
 1309 S. Main St., Bldg. B
 (559) 781-5555



Bakersfield, 93301

Kern & Inyo Counties
 Bakersfield Family Resource Center
 525 18th St.
 (661) 281-2130



What We Do

- Food, shelter
- Clothing
- Financial assistance
- Counseling
- Immigration and refugee services
- Adoption
- Child care
- Support services for seniors

Qué Hacemos

- Comida, vivienda
- Ropa
- Asistencia financiera
- Servicios de inmigración y refugiados
- Aprobación
- Cuidado de niños
- Servicios de apoyo para personas de edad



Family Options

Adult Family Home Agency

See pages 7 and 8



Faces of Meth™



Find a site in the U.S. near you:

www.HIVtest.org

Enter ZIP Code



← www.FacesOfMeth.us

- Methamphetamine destroys the mind and body. Meth creates psychosis and eats away at brain tissue. The body stops craving food, and only wants the drug.
- La metanfetamina destruye la mente y el cuerpo. La droga crea psicosis y corroe el tejido cerebral. El cuerpo deja de alimentos antojo, y que sólo quiere la droga.

ADDICTED TO PORNOGRAPHY? THERE IS HELP

¿Adicto a la pornografía? Hay ayuda para usted

Find resources online:

www.ncmFresno.org

www.ExodusYouth.net



Google "Celebrate Recovery Church" and ZIP Code



Sexual Addiction Test

- Were you sexually abused as a child or adolescent?
- Have sexual thoughts interfered with your ability to function at work or at school?
- Have you failed to meet commitments or fulfill responsibilities because of your involvement with pornography?
- Have you had sex regardless of the consequences, the threat of being caught, the risk of contracting herpes, gonorrhea, AIDS, etc.?
- Have you had sex at inappropriate times, in inappropriate places, and/or with inappropriate people?
- Have you had an important relationship end because of your inability to stop looking at pornography and/or outside sexual activity?
- Have you increased the risk you take online (giving out your name and phone number, meeting people offline, etc.)?
- Confused about your sexual identity?
- The spouse or parent of someone who is struggling with these issues?
- A Christian leader searching for resources?

Prueba la Adicción Sexual

- ¿Fue usted sexualmente abusado de niño o adolescente?

- ¿Tienen pensamientos sexuales interferido con su capacidad para funcionar en el trabajo o en la escuela?

- ¿Ha incumplido compromisos o de cumplir con las responsabilidades debido a su implicación con la pornografía?

- ¿Ha tenido relaciones sexuales sin importar las consecuencias, el riesgo de ser detectado, el riesgo de herpes de contratación, la gonorrea, SIDA, etc?

- ¿Ha tenido relaciones sexuales en momentos inadecuados, en lugares inadecuados, y/o con la gente es inapropiado?

- ¿Ha tenido un fin importante relación debido a su incapacidad para dejar de mirar a la pornografía y/o la actividad sexual fuera?

- ¿Ha aumentado el riesgo de tomar en línea (dar su nombre y número de teléfono, conocer gente fuera de línea, etc)?

- ¿Confundido acerca de su identidad sexual?

- El cónyuge, padre o madre de alguien que está luchando con estas cuestiones?

- Un líder cristiano en busca de recursos?

Books We Recommend Reading

- *Out of the Shadows* by Patrick Carnes, Ph.D
- *Breaking Free* by Russell Willingham
- *Relational Masks* by Russell Willingham

Making decisions about sex can be difficult, but dealing with everything that comes with it can be downright frightening.

La toma de decisiones sobre el sexo puede ser difícil, pero en relación con todo lo que viene con él puede ser francamente aterrador.

Needhelp News helps you find a place to serve others. How? **Take a tour** (see for yourself what they are doing). Get involved. Give money. *Do something.*



Take a Course, Donate Blood,
Volunteer, Host a Blood Drive

Find a site in the U.S. near you:

www.RedCross.org

Enter city or ZIP Code

1-866-438-4636



Has someone ever asked you for help and you didn't know what to do or who to call?

Each paper you sponsor can help someone find basic help, or it can help others show people where to find basic help.

Anyone can help anyone find basic help with a *Needhelp News* paper.

Needhelp®

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Questions? Go to www.NeedhelpNews.com

Dale Brannan, *Publisher*
dale@NeedhelpNews.com

James Carrasco, *President*
james@NeedhelpNews.com

Jason Ramsey, *Webmaster*
jason@NeedhelpNews.com

Mission: To help nonprofit organizations to further their mission, recruiting and fundraising. We do this by letting everyone know where to find basic help, and showing people where they can serve.

**It's Always Too Early to Give Up.
There is Help.**



Family Options
Adult Family Home Agency

See pages 7 and 8





The Care Provider Profession



The Family Options Program
Family Options, LLC is committed to providing high quality services to adults with developmental disabilities.

The Family Options program is now recruiting caring individuals and families to mentor and care for developmentally delayed adults in their home.

A family setting provides a warm living environment in which these adults can lead full and productive lives.

This program, which is a part of the Adult Family Home Agency, offers adults with disabilities an opportunity to live in a less restrictive environment and is an alternative to institutional care, hospitals or group homes.

A Family Options home will place one but no more than two, clients per home. Clients of Family Options participate in community based day programs weekdays and this allows many care providers the ability to have additional employment.

The Care Provider Profession

A care provider professional manages this business from their home and is an independent contractor, not an employee.

Care Providers service the individual needs of their client(s) by assisting them with everyday tasks such as meals, medication, money management and recreational activities.

Care providers must take clients to their doctor appointments and communicate concerns to their doctor.

Care provider must keep accurate documentation and respects the client's rights as adults living in their homes.

Family Options' homes support needs of the individual such as physical and medical limitation, emotional support and the development of individual living skills of their clients.

Providers work to integrate their consumer into the community by assisting them in pursuit of their interests, abilities and social networks.

Care providers act as a life coach for their client. They must be patient and have understanding about their client's disabilities.

Training and Support for Your Home Service

Before you can become a care provider professional you must agree to attend orientation trainings that assist you in understanding the field and give you the entry level skills you need to correctly assist these special need adults.

Once your home is certified, trainings continue through the year and a minimum of twenty hours of continue education credits are required annually to keep your certification current.

A team of professionals are provided to support you in meeting the needs of your client. Your support team includes many trained professionals.

A case manager will guide you through the process and make sure you are in compliance with program guidelines.

Other team members include a family therapist, a psychologist, a nutritionist, a nurse, and direct support staff to take your client on outings.



There is a 24/7 emergency assistance program and monthly respite support is provided.

The Clients

Clients of Family Options vary in functional levels of developmental disabilities and age. There is a wide range of clients from high functioning

self-sufficient adults to lower functioning adults that have more needs for services.

Clients can be 18 years on up. Younger clients are seeking to become independent; in this case, a provider with strong mentoring skills is important.

Older adults may need consistent care throughout their life and have no intention of leaving a family once bonding has occurred.

Many clients have intellectual disabilities. The legal term for this is mental retardation which can include learning disabilities, language problems, memory loss, fabrication, poor hygiene and poor social interactions.

Other common disorders are autism, cerebral palsy, down syndrome and epilepsy.

Some clients struggle with behavioral issues which need to be managed by the care provider.

Pay scales distinguish between those clients that require more care and those clients that function more independently.

Qualifications of a Care Provider

Care providers come from a wide range of ages and backgrounds. Below are the minimum qualifications to apply:

- Willingness to commit to the growth and care of someone's life
- 21 years or older
- Must have a spare bedroom with a full size bed, dresser and closet
- Can pass a federal and state background check for myself and all adult members of my home
- Must have a high school diploma or GED
- Can provide four references
- Must be available for appointments related to the client
- Can pass a medical exam



How Do I Get Started?

If you are interested in becoming a care provider professional, call the Family Options Agency and attend a free orientation seminar. We are available to answer all of your questions.

See map on back page...



(559) **275-2323**

4630 W. Jacquelyn Ave., Suite 103 | Fresno, CA 93722

www.familyoptionsca.org





Become A Care Provider



**Care providers
receive a
monthly stipend.**

**This can
be great
supplemental
income!**

The Family Options program is now **recruiting caring individuals and families** to mentor and care for developmentally delayed adults in their home.

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See **page 7** for more information about the care provider profession.



4630 W. Jacquelyn Ave., Suite 103
Fresno, CA 93722



(559) **275-2323**
www.familyoptionsca.org