

For information about Encourage Tomorrow, see page 8...



ENCOURAGE TOMORROW

EDUCATIONAL PROGRAMS

A Family-Strengthening Organization

■ Anyone Can Help Anyone Find Basic Help

www.NeedhelpNews.com ■

Needhelp News



Suicide and Crisis Hotlines

Madera..... 1-888-275-9779
 Fresno (559) 453-4894
 Kings..... (559) 582-4484
 Tulare1-800-320-1616
 Kern..... 1-800-991-5272
 U.S. 1-800-784-2433
 U.S. ... www.SuicideHotlines.com
 U.S. ... www.1800runaway.org
 Child Abuse.....1-800-422-4453

Programs that help maintain independence for

SENIORS

Los programas que ayudan a mantener la independencia de las personas de edad

1-800-677-1116

Find a site in the U.S. near you:
www.eldercare.gov

Alcohol / Drug Addiction
www.aa.org / www.HIVtest.org
www.FacesOfMeth.us.....6

American Red Cross
 1-866-438-4636
www.RedCross.org6

Big Brothers Big Sisters
www.bbbs.org4

Boy Scouts
www.scouting.org4

Boys & Girls Clubs
www.bgca.org/clubs.....4

Catholic Charities
www.CatholicCharitiesUSA.org.. 5

Child Care Referrals
www.ChildCareAware.org3

Deaf / Hard of Hearing3
 Google "Deaf" or "Hard of Hearing" and ZIP Code

Disabled (Independent Living)
www.ilru.org.....2

Domestic Violence
 1-800-799-7233
www.ndvh.org2

Food Banks
www.FeedingAmerica.org1

Foster Parenting3
 Google "CCLD facility search form" California..... 1-800-543-7487

Grief Support
www.GriefShare.org1

Jobs
www.JobCorps.gov.....2
 Google "Jobs" and ZIP Code

Nurse-Family Partnership
www.NurseFamilyPartnership.org...3

Police Activities League
www.NationalPal.org3

Pornography6
 Google "Celebrate Recovery Church" and ZIP Code

Pregnancy Care Centers
 1-800-395-4357
www.PregnancyCenters.org...3

Rape Crisis Centers
 1-800-656-4673
www.rainn.org2

Rescue Missions
www.agrm.org5
 Google "Rescue Mission" and ZIP Code

Runaways
 1-800-786-2929
www.1800runaway.org.....1

Suicide
 1-800-784-2433
www.SuicideHotlines.com1

The Salvation Army
www.SalvationArmyUSA.org..5

YMCA
www.ymca.net4

Grieving? You're not alone.

Find a site in the U.S. near you:
www.griefshare.org/findagroup

Usted no está solo en su duelo. Busque un grupo de GriefShare.



Family and Emergency Services

Familia y Servicios de Emergencia

Catholic Charities.....5
 Rescue Missions5
 The Salvation Army.....5
 American Red Cross6



Food Banks ¿Alimento de necesidad?

Madera County
 221 S. Pine St., Bldg. 101
 Madera, CA 93637
 (559) 674-1482
www.MaderaFoodBank.org

Fresno County
 3403 E. Central Avenue
 Fresno, CA 93725
 (559) 237-3663
<http://CommunityFoodBank.net>
 (do not type "www")

Kings County
 1222 W. Lacey Blvd., Ste. 201
 Hanford, CA 93230
 (559) 582-4386

Tulare County
 7427 W. Sunnyview Ave.
 Visalia, CA 93291
 (559) 651-3663
www.FoodLinktc.org

Kern County
 Call 2-1-1 for locations
www.capk.org/tefap

U.S.
www.FeedingAmerica.org

Services available to

WOMEN

Los servicios disponibles para las mujeres

Domestic Violence.....2
 Rape Crisis Centers.....2
 Unplanned Pregnancy.....3
 Child Care Referral3
 Babies First/Nurse-Family.....3

Helping Parents Keep Kids Safe

Big Brothers Big Sisters... 4
 Boy Scouts..... 4
 Boys and Girls Clubs..... 4
 Police Activities League ... 3
 YMCA..... 4

Ayudando a los padres mantener a los niños seguridad



Domestic Violence
1-800-799-7233
Google "rape" and your city or ZIP Code

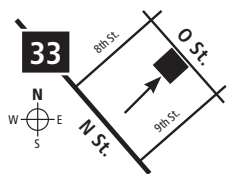
Rape Crisis
1-800-656-4673
Google "domestic violence" and your city or ZIP Code

Victims of Domestic Violence and Rape

Las Víctimas de la Violencia Doméstica y Violación

Resources for Survivors of Sexual Assault and Family Violence

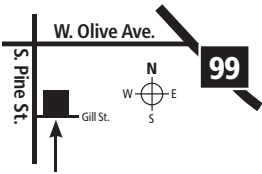
Firebaugh, 93622
Carmen Meza Center
838 O St.
(559) 659-0232 (M-F, 8-5)



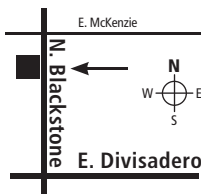
Coalinga, 93210
Carmen Meza Center
143 N. 5th St.
(559) 934-0915 (24 hr.)



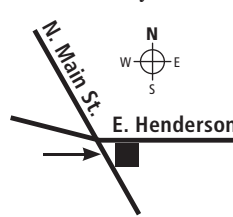
Madera, 93637
Domestic Violence
1225 Gill Ave.
(800) 355-8989 (24 hr.)



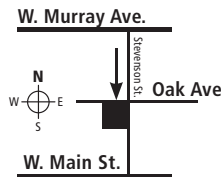
Fresno, 93721
Resource Center for Survivors of Sexual Assault and Family Violence
259 N. Blackstone Ave.
(559) 222-7273 (24 hr.)
www.rcsfresno.com



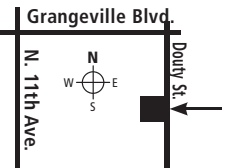
Porterville, 93257
Domestic Violence
770 N. Main St.
(559) 784-0192 (24 hr.)
www.ccfamilycrises.org



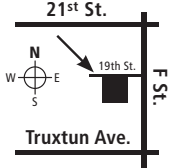
Visalia, 93291
Domestic Violence
815 W. Oak Ave., Suite B
(559) 732-5941



Hanford, 93230
Kings Community Action Organization
1208 N. Douty St.
(877) 727-3225 (24 hr.)



Bakersfield, 93301
Domestic Violence
1921 19th St. (office)
(800) 273-7713
www.kernalliance.org



Your kids deserve a safe place.
Sus hijos merecen una lugar seguro.



Resources for Independent Living Centers

¿Discapacitado? Trabajamos para promover su independencia.

Bakersfield (661) 325-1063
Madera (559) 675-5772
Fresno (559) 221-2330
Visalia (559) 622-9276

Find a site in the U.S. near you:
www.ilru.org
Click on "IRLU Directory of CILs/SILCs" then click on your state



Job Corps

is a No-Cost Education and Vocational Training Program for Young Adults Ages 16 to 24

Job Corps es una educación sin costo y el Programa de Formación Profesional para adultos jóvenes de 16 a 24

How do I apply?
Call 1-800-733-5627. An operator will give you general information about the program, refer you to the admissions counselor closest to where you live, and mail you an information packet.

¿Cómo puedo aplicar?
Llame a 1-800-733-5627. El operador le dará información general sobre el programa, que se refieren a la admisión consejero más cercana a su domicilio, y de los mensajes que un paquete de información.

Find a site in the U.S. near you:
www.JobCorps.gov
1-800-733-5627

Workforce Connection

NEED A JOB?

¿Necesita un trabajo?

Madera, 93638
www.MaderaCountyWorks.com
(559) 662-4500

Fresno, 93726
www.Workforce-Connection.com
(559) 230-3600

Hanford, 93230
www.KingsWorkforce.org
(559) 585-3532

Visalia, 93277
www.tcwib.org
www.cset.org
www.ProteusInc.org
(559) 713-5000

Bakersfield, 93307
www.CareerServicesCenter.com
(661) 325-4473

California Conservation Corps

We Hire Youth

Ages 18-25 All Year Long

Todo el año, empleamos la juventud edades 18-25

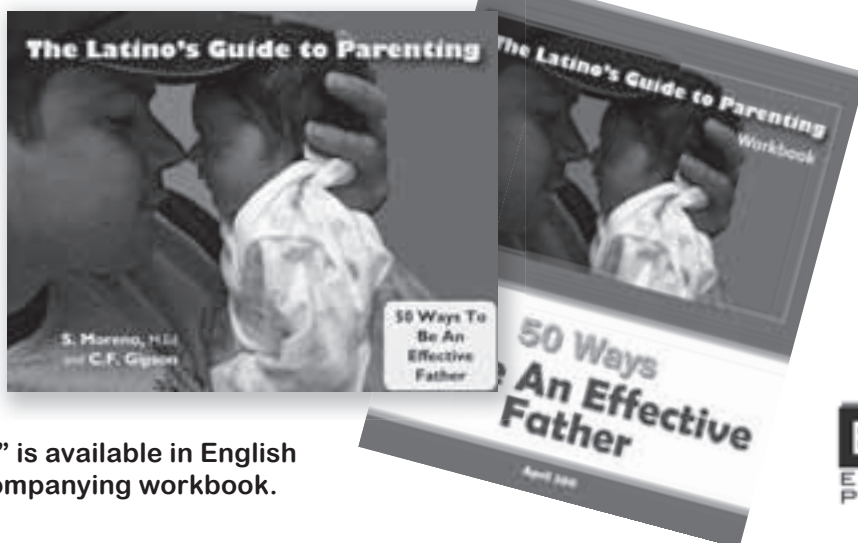
The California Conservation Corps offers you full-time work outdoors, health benefits, career direction, earn high school diploma, GED or college credits, academic, vocational scholarship, adventure; work on projects in your hometown or another part of the state; non-residential centers throughout the state, live in a dorm or commute from home.

To apply you must

- Be 18 to 25 years old
- Not on probation or parole
- A California resident
- Pass a drug test

www.ccc.ca.gov
1-800-952-5627

‘Everyone needs a good dad... Every good dad needs a helping hand.’



“The Latino’s Guide to Parenting” is available in English and Spanish, as well as an accompanying workbook.

To order books, visit:
Ed-Ventures Publishing Co.
2491 W. Shaw, Suite 110-H
Fresno, CA 93711

Or call:
(559) 277-1040 or (866) 706-8663

Email: www.evpc.net
Website: smoreno@evpc.net



Also available at
amazon.com

Unplanned Pregnancy?

1-800-395-4357 | All calls are confidential

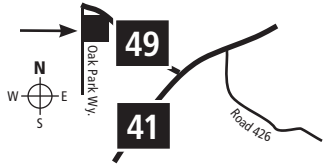
Find a site in the U.S. near you:
www.PregnancyCenters.org
Click on "Get Help"



¿Embarazo no planeado? Ofrecemos servicios gratis que le ayudarán. Todas las llamadas son confidenciales.

Oakhurst, 93644

Helping Hands Pregnancy and Parenting Center
40356 Oak Park Way, Ste. A & B
(559) 642-2229 (M-Th, 10-4)
www.ChoicesAndOptions.com



Porterville, 93257

Porterville Pregnancy Center
64 W. Putnam Ave.
(559) 782-1225
www.PortervillePrc.com



What We Do

- Safe and secure place to talk
- Free pregnancy testing (immediate results)
- Confidential—we examine all your alternatives
- Maternity and baby clothes/baby furniture
- Post-abortion counseling
- Information on community resources

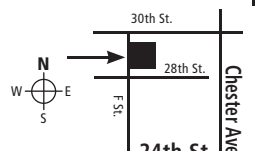
Fresno, 93701

Pregnancy Care Center
169 N. Clark St.
(559) 237-0683
www.care4mybody.com



Bakersfield, 93301

Bakersfield Pregnancy Center
1801 21st St., Suite 1
(661) 326-1907
Hours: M-W, 9-4; Th, 9-8; F, 9-12
www.WeHelpYou.org

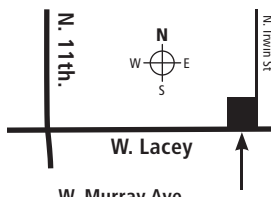


Qué Hacemos

- Caja y lugar seguro para hablar
- Prueba de embarazo sin costo alguno (resultados inmediatos)
- Confidencial—examinamos todas sus alternativas
- Maternidad y la ropa de bebé / cuidado de los muebles
- Consejería después de la aborto
- Información sobre recursos de la comunidad

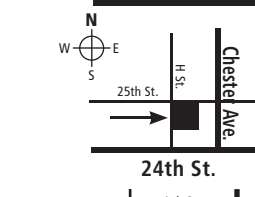
Hanford, 93230

Crossroads Pregnancy Center
206 W. Lacey Blvd., Suite A
(559) 583-1900
www.CrossroadsCpc.com



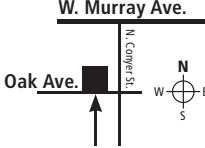
Bakersfield, 93301

LifeHouse Pregnancy Care Center
2428 H St.
(661) 323-2229
www.lifehouse.glorifyjesus.com



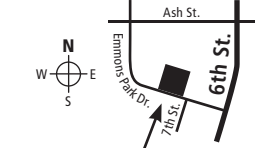
Visalia, 93291

Crossroads Pregnancy Center
916 W. Oak Ave.
(559) 625-5550
www.CarePregnancyCenter.org



Taft, 93268

LifeHouse Pregnancy Care Center
28 Emmons Park Dr.
(661) 763-4791
www.lifehouse.glorifyjesus.com



We Help First-Time Parents Succeed

A ayudamos a los padres primerizos éxito

Find a site in the U.S. near you:
www.NurseFamilyPartnership.org
Click on "Locations" then on state



Your nurses visit you at home and provide materials, tips and information about...

- Pregnancy
- Caring for baby
- Breastfeeding
- Good parenting
- Keeping baby safe
- Healthy foods
- Immunizations
- Day care
- How to budget
- Housing
- Education
- Employment

Sus enfermeras le visitará en su casa y proporcionar materiales, consejos e información acerca de...

- Embarazo
- El cuidado de bebé
- Lactancia Materna
- Buena crianza de los hijos
- Mantener bebé seguro
- Alimentos saludables
- Inmunizaciones
- Las guarderías
- Cómo presupuesto
- Vivienda
- Educación
- Empleo

All services are free to first-time mothers.

Todos los servicios son gratis para madres primerizas.



EraPhernaliaVintage / Cheryl

CHILDCARE

¿Necesita cuidado de niños en su área?



Find a site in the U.S. near you:
www.ChildCareAware.org
Enter ZIP Code then scroll to bottom of page



Foster Parents Make a Difference

Yes! Prospective foster parents can specify the age and gender of children they want to care for. The children range in age from newborns to teenagers.

Necesitamos que los padres de crianza temporal. Ellos hacen una diferencia. ¡Sí! Los futuros padres pueden precisar la edad y sexo de los hijos que quieren cuidar. Los niños en edades que van desde recién nacidos hasta adolescentes.

Find a site in the U.S. near you:
Google "CCLD Facility Search Form"
1-800-543-7487 (California)
Adoption Information Services



Deaf or Hard of Hearing?

We can help you achieve and maintain your self-sufficiency and independence.

Sordos o que no pueden oír bien? Podemos ayudarle a lograr y mantener su autosuficiencia y la independencia.

Find a site in the U.S. near you:
Google "Deaf" or "Hard of Hearing" and ZIP Code



P.A.L.

PAL is a Youth Crime Prevention Program

Find a site in the U.S. near you:
www.NationalPal.org
In the PAL Locator field, enter city and state



FARMERS

Scott E. Dority

Owner/Broker Lic. 0739028

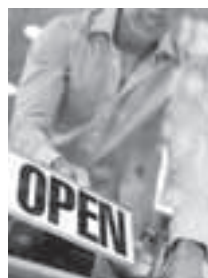
Office: (559) 323-6787

Fax: (559) 323-1871

Email: sdority@nsur.net

401 Clovis Ave., Suite 201 • Clovis, CA 93612

SCOTT E. DORITY & ASSOCIATES Insuring Valley Nonprofits Since 1987



Commercial • Worker's Comp • Group Health and Dental



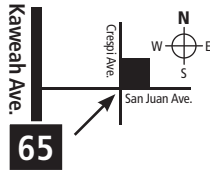
Find a site in the U.S. near you:
www.bgca.org
 Click "Find a Club" and enter ZIP Code

We help moms keep kids safe and off the street. *Ayudar a las madres mantenga hijos a salvo y fuera de la calle.*

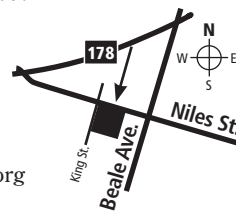
Fresno, 93701
 540 N. Agusta Ave.
 (559) 495-6540
 M-F, 9-5
www.bgclubfc.org



Exeter, 93221
 1003 San Juan Ave.
 (559) 592-4074
 M-F, 9-5
www.bgcsequoias.org



Bakersfield, 93305
 801 Niles St.
 (661) 325-3730
 M-F, 8-6
www.bgclubsofkerncounty.org



Find a site in the U.S. near you:
www.bbbsa.org
 Click on "Find a Local Agency"
 Enter ZIP Code

Mentoring makes a difference in the community. *Los mentores hacen una diferencia en la comunidad.*

One-to-One

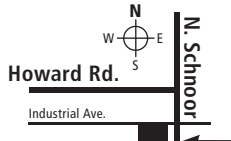
- Mentoring is about spending quality one-on-one time with a child.
- It's as easy as taking your Little along with you to something you were going to do anyway—like lunch. You've got to eat, right?
- The activities don't have to cost a lot. It's not about spending money; it's about spending time.
- Mentors are regular people just like you.

Uno-a-Uno

- Ser un mentor es acerca de la calidad del gasto de uno-a-uno tiempo con un niño, disfrutando de actividades juntos.
- Es tan fácil como tomar su Little junto con usted para algo que se va a hacer de todos modos, como la comida. Hay que comer, ¿no?
- Las actividades no cuestan mucho. No es acerca de gastar el dinero; tiene que ver con el gasto de tiempo.
- Los mentores son personas ordinario como usted.

Madera County

2300 W. Industrial Ave.
 Madera, CA 93637
 (559) 268-2447
 M-F 8:30-5:30



Tulare County

948 N. H St., Suite 2
 Tulare, CA 93274
 (559) 687-1108



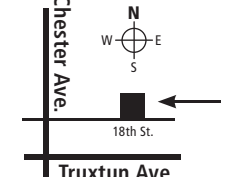
Fresno County

905 N. Fulton St.
 Fresno, CA 93728
 (559) 268-2447
 M-F, 9-5



Kern County

1212 18th St.
 Bakersfield, CA 93301
 (661) 900-1222
 M-F, 9-4



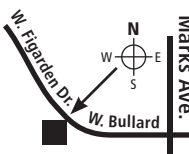
Character, Citizenship, Fitness. *Caracteres, Ciudadanía, Salud.*

Find a site in the U.S. near you:
www.scouting.org

Boy Scout Oath

On my honor I will do my best to do my duty to God and my country and to obey the Scout Law; To help other people at all times; To keep myself physically strong, mentally awake, and morally straight.

Por mi honor que haré mi mejor esfuerzo para cumplir con mi deber a Dios ya mi patria y obedecer la Ley Scout, para ayudar a otras personas en todo momento; Para mantenerme físicamente fuerte, mentalmente alerta y moralmente recto.



Fresno Council
 6005 N. Tamera Ave.
 Fresno, CA 93711
 (559) 320-2100
www.seqbsa.org



Sequoia Council
 230 NW 3rd Ave.
 Visalia, CA 93291
 (559) 732-3424
www.seqbsa.org



Southern Sierra Council
 2417 M St.
 Bakersfield, CA 93301
 (661) 325-9036
www.sscbsa.org

Whatever your passion, there's a volunteer opportunity for you.



Find a site in the U.S. near you:
www.ymca.net
 1-800-872-9622

The YMCA helps build strong kids, strong families, and strong communities. *La YMCA se basa niños fuertes, familias fuertes, comunidades fuertes.*

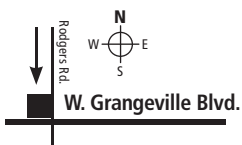
Recreational Services

- Childcare, camping, youth sports, social programs, cardio work-out, indoor swimming pool, weights, much more

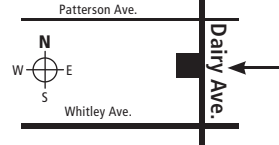
Servicios de Recreación

- Cuidado de niños, campamento, deportes de la juventud, programas sociales, cardio hacer ejercicio, piscina cubierta, pesos, mucho más

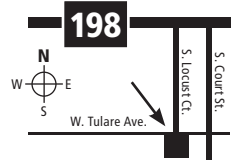
Hanford, 93230
 1010 W. Grangeville Blvd.
 (559) 584-9622
www.KingsYmca.org



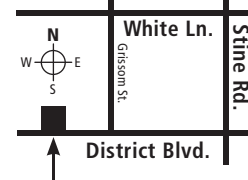
Corcoran, 93212
 900 Dairy Ave.
 (559) 992-5171
www.GoldenStateYmca.org



Visalia, 93277
 211 W. Tulare Ave.
 (559) 627-0700
www.GoldenStateYmca.org



Bakersfield, 93313
 5880 District Blvd., Suite 13
 (661) 837-9622
www.YmcaOfKern.org



Kings River Coating

"Conveyorized Powder Coating Since 1981"

John Arabian

1350 North Avenue | Sanger, CA 93657

office • (559) 875-8250 | fax • (559) 875-1491 | cell • (559) 779-4633



The Salvation Army

Call and ask about their specific programs

Find a site in the U.S. near you:
www.SalvationArmyUSA.org
 Enter ZIP Code



Transforming human lives at the point of greatest need. *La transformación de la vidas humanas en el punto de mayor necesidad.*

What We Do

- Its mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination.

Qué Hacemos

- Su misión es predicar el evangelio de Jesús Cristo y para satisfacer las necesidades humanas en su nombre, sin discriminación.

We Provide...

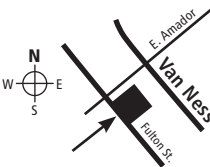
- Food boxes
- U.S.D.A. commodities
- Senior brown bag
- E.F.S.P. PG&E assistance
- Rent/Mortgage assistance
- Fire victim assistance
- Parolee assistance

Ofrecemos...

- Alimentación cajas
- U.S.D.A. productos básicos
- Bolsa de comida para ancianos
- E.F.S.P. PG&E de asistencia
- Alquiler/Hipoteca asistencia
- La asistencia a las víctimas de incendios
- Ayuda para los parolees

Fresno, 93721

Family Service Center
 1752 Fulton St.
 (559) 233-0138, M-F, 9-4
 9-3:30



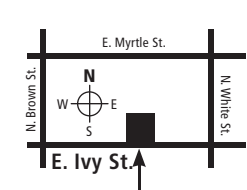
Tulare, 93274

Family Resource Center
 314 E. San Joaquin Ave.
 (559) 687-2520; M-F, 9-4



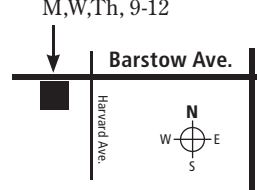
Hanford, 93230

Family Service Center
 380 E. Ivy St.
 (559) 582-4434; M-F, 9-4



Clovis, 93612

Family Service Center
 210 Barstow Ave.
 (559) 298-6797
 M,W,Th, 9-12



Visalia, 93291

Family Service Center
 1501 W. Main St.
 (559) 733-2784
 M-F, 9-4



Bakersfield, 93309

Family Resource Center
 4417 Wilson Rd.
 (661) 836-8487
 M-Th, 7-3



Volunteers are vital to the heartbeat of nonprofit organizations.



RESCUE MISSIONS

Call and ask about their specific programs

Find a site in the U.S. near you:
www.agrm.org
 Click on "Get Help Now," then "searchable map directory"



When you feel you can't go on, you're not alone. We are here for you. *Cuando usted siente que no puede seguir así, no estás solo. Estamos aquí para usted.*

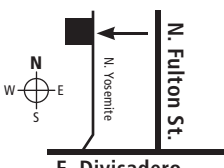
Madera, 93638

Madera Rescue Mission
 332 Elm St.
 (559) 675-8321



Fresno, 93701

Evangel Home for women
 137 N. Yosemite Ave.
 (559) 264-4714
www.evangelhome.org



Fresno, 93706

The Fresno Rescue Mission with Emergency Family Shelter
 310 G St.
 (559) 268-0839
www.fresnorescuemission.org



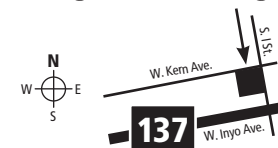
Porterville, 93257

Porterville Rescue Mission
 30 S. A St.
 (559) 789-9588



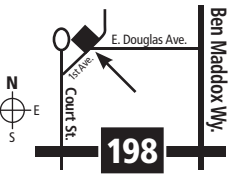
Tulare, 93274

Lighthouse Rescue Mission for women and children
 111 W. Kern Ave.
 (559) 687-8317
www.lighthouserescue.org



Visalia, 93291

Visalia Rescue Mission
 322 NE 1st Ave.
 (559) 733-2231
www.visaliarescue.org



Bakersfield, 93305

Bakersfield Rescue Mission
 816 E. 21st St.
 (661) 325-0863
www.thebrm.org



As a volunteer, you can touch lives and introduce real hope.



Catholic Charities USA

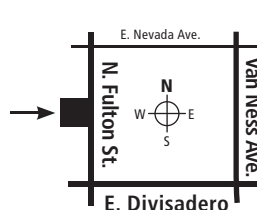
Find a site in the U.S. near you:
www.CatholicCharitiesUSA.org
 Click on "Get Help - Find Local Assistance" Select your state



We work to support families, reduce poverty, and build communities. *Trabajamos para apoyar a las familias, reducir la pobreza y construir comunidades.*

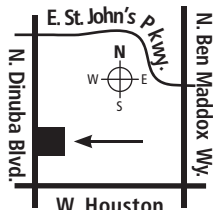
Fresno, 93701

Fresno & Madera Counties
 Fresno Family Resource Center
 149 N. Fulton St.
 (559) 237-0851



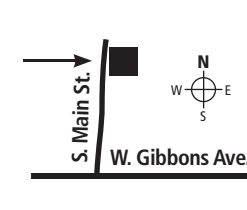
Visalia, 93291

Tulare County
 Good News Center
 1724 N. Dinuba Blvd.
 (559) 734-1572



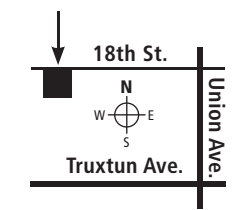
Porterville, 93257

Tulare County
 St. Vincent De Paul
 1309 S. Main St., Bldg. B
 (559) 781-5555



Bakersfield, 93301

Kern & Inyo Counties
 Bakersfield Family Resource Center
 525 18th St.
 (661) 281-2130



What We Do

- Food, shelter
- Clothing
- Financial assistance
- Counseling
- Immigration and refugee services
- Adoption
- Child care
- Support services for seniors

Qué Hacemos

- Comida, vivienda
- Ropa
- Asistencia financiera
- Servicios de inmigración y refugiados
- Aprobación
- Cuidado de niños
- Servicios de apoyo para personas de edad

Need a Job? How is your Health?

Ofelia's Barber Shop
 (559) 445-1855

OPEN 7 DAYS A WEEK
 9-6 Summer Hours
 8-5 Winter Hours
 8-4 Sunday Hours

Family Owned
 Ofelia- Store Owner
 David- Barber
 John- Barber

1519 Kern St.
 Fresno, CA 93706

Dick's MENSWEAR & SHOES
 Ph 559.233.5351 Fx 559.233.3459
 1326 Kern St., Fresno, CA 93706

Ofelia Hemme
 Gano Excel Cell. (559)-304-8890

www.myganocafe.com/homme
www.myganocafe.com/nava
 1519 Kern St., Fresno, Ca. 93706

¿Tomas Cafe Gano Excel?
 ¿Ya lo conoces? ¿Quieres Probarlo?
 Te consigo precio de Fabril!
 Solo llamame y te doy una muestra gratis!!

Information in English
 Health Benefits:
 * Anti-inflammatory
 * Anti-viral
 * Antioxidant
 * Reduces Cholesterol
 * Reduces Stress
 * and much more!!

Información en Español
 Beneficios para la Salud:
 Anti-inflamatorio
 Anti-viral
 Antioxidante
 Reduce el Colesterol
 Reduce el Estrés
 Y mucho más!!

Faces of Meth™



Find a site in the U.S. near you:

www.HIVtest.org

Enter ZIP Code



← www.FacesOfMeth.us

- Methamphetamine destroys the mind and body. Meth creates psychosis and eats away at brain tissue. The body stops craving food, and only wants the drug.
- La metanfetamina destruye la mente y el cuerpo. La droga crea psicosis y corroe el tejido cerebral. El cuerpo deja de alimentos antojo, y que sólo quiere la droga.

ADDICTED TO PORNOGRAPHY? THERE IS HELP

¿Adicto a la pornografía? Hay ayuda para usted

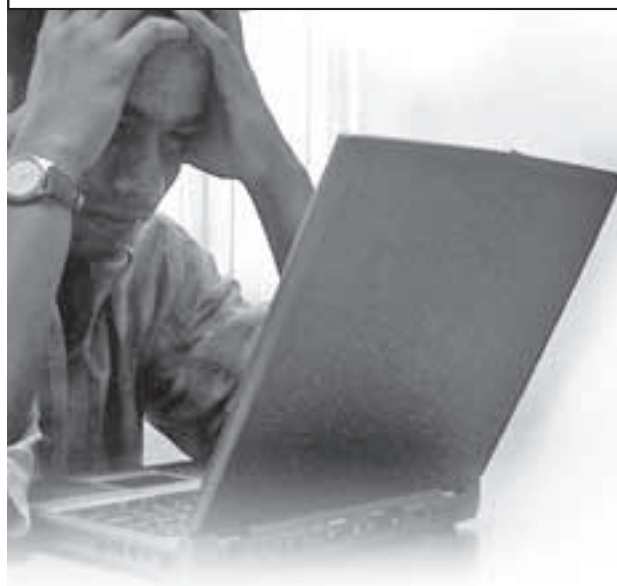
Find resources online:

www.ncmFresno.org

www.ExodusYouth.net



Google "Celebrate Recovery Church" and ZIP Code



Sexual Addiction Test

- Were you sexually abused as a child or adolescent?
- Have sexual thoughts interfered with your ability to function at work or at school?
- Have you failed to meet commitments or fulfill responsibilities because of your involvement with pornography?
- Have you had sex regardless of the consequences, the threat of being caught, the risk of contracting herpes, gonorrhea, AIDS, etc.?
- Have you had sex at inappropriate times, in inappropriate places, and/or with inappropriate people?

- Have you had an important relationship end because of your inability to stop looking at pornography and/or outside sexual activity?
- Have you increased the risk you take online (giving out your name and phone number, meeting people offline, etc.)?
- Confused about your sexual identity?
- The spouse or parent of someone who is struggling with these issues?
- A Christian leader searching for resources?

Prueba la Adicción Sexual

- ¿Fue usted sexualmente abusado de niño o adolescente?

- ¿Tienen pensamientos sexuales interferido con su capacidad para funcionar en el trabajo o en la escuela?
- ¿Ha incumplido compromisos o de cumplir con las responsabilidades debido a su implicación con la pornografía?
- ¿Ha tenido relaciones sexuales sin importar las consecuencias, el riesgo de ser detectado, el riesgo de herpes de contratación, la gonorrea, SIDA, etc?
- ¿Ha tenido relaciones sexuales en momentos inadecuados, en lugares inadecuados, y/o con la gente es inapropiado?

- ¿Ha tenido un fin importante relación debido a su incapacidad para dejar de mirar a la pornografía y/o la actividad sexual fuera?
- ¿Ha aumentado el riesgo de tomar en línea (dar su nombre y número de teléfono, conocer gente fuera de línea, etc)?
- ¿Confundido acerca de su identidad sexual?
- El cónyuge, padre o madre de alguien que está luchando con estas cuestiones?
- Un líder cristiano en busca de recursos?

Books We Recommend Reading

- *Out of the Shadows* by Patrick Carnes, Ph.D
- *Breaking Free* by Russell Willingham
- *Relational Masks* by Russell Willingham

Making decisions about sex can be difficult, but dealing with everything that comes with it can be downright frightening.

La toma de decisiones sobre el sexo puede ser difícil, pero en relación con todo lo que viene con él puede ser francamente aterrador.

Needhelp News helps you find a place to serve others. How? **Take a tour** (see for yourself what they are doing). Get involved. Give money. *Do something.*



Take a Course, Donate Blood,
Volunteer, Host a Blood Drive

Find a site in the U.S. near you:

www.RedCross.org

Enter city or ZIP Code

1-866-438-4636



Has someone ever asked you for help and you didn't know what to do or who to call?

Each paper you sponsor can help someone find basic help, or it can help others show people where to find basic help.

Anyone can help anyone find basic help with a *Needhelp News* paper.

Needhelp®

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Questions? Go to www.NeedhelpNews.com

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dale@NeedhelpNews.com

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james@NeedhelpNews.com

Jason Ramsey, *Webmaster*
jason@NeedhelpNews.com

Mission: To help nonprofit organizations to further their mission, recruiting and fundraising. We do this by letting everyone know where to find basic help, and showing people where they can serve.

**It's Always Too Early to Give Up.
There is Help.**

For information about Encourage Tomorrow, see page 8

ENCOURAGE TOMORROW

EDUCATIONAL PROGRAMS


A Family-Strengthening Organization

Directory of Business Owners Supporting **Encourage Tomorrow**



DORA S. MORA
Phone: (559) 431-1612
Email: ABD4@SBCGLOBAL.NET
WWW.DORAMORA.COM

BEN ROMERO
Author of *CHICKEN BEAKS* Book Series
9563 N Larkspur Ave
Fresno, CA 93720
559-301-1545
www.benromero.com



Serving Hispanic Businesses for over 25 years....
CENTRAL CALIFORNIA HISPANIC CHAMBER OF COMMERCE
JOHN HERNANDEZ
Executive Director / Past President
Tel.: 559-495-4817
Cell.: 559-709-8152
Fax: 559-495-4811
2331 Fresno Street • Fresno, California 93721
Info@cchcc.net
www.cchcc.net




EARL BOLIN
Licensed Contractor # 213086
Plumbing and Heating
524 Hawley
Sanger, California 93657



H & L Auto Body
JACK HUDSON
Owner
Phone (559) 875-8811
FAX # (559) 875-9012
2238 Academy
Sanger, CA 93657





J. STANLEY TEIXEIRA
ATTORNEY AT LAW
1233 W. SHAW AVENUE, SUITE 100
FRESNO, CALIFORNIA 93711
TELEPHONE (559) 225-2510
FACSIMILE (559) 225-2389

Mary Ann Riojas
Independent Beauty Consultant
(559) 213-3116
email: mriojas@marykay.com
website: www.marykay.com/mriojas
Si Hablo Español




MARY KAY




Encourage Tomorrow's services can take place in your home, at your child's school, local community center, or in after-school programs.

PALM GARDEN RETIREMENT HOME
Ben Romero
Marketing Director
559.301.1545
fax 559.325.2598
brromero98@comcast.net
8891 E. Herndon Ave
Clovis, CA 93611
Lic. # 100406085


Our College and Career Readiness Programs help youth who come from at-risk environments, and is offered in ethnic-specific formats.

PAUL C. CHEN
ACCOUNTANCY CORPORATION
7085 N. CHESTNUT AVENUE, STE 106
FRESNO, CALIFORNIA 93720-0353
PHONE: (559) 323-4500
FAX: (559) 323-4554
paul@pchencpa.com
www.pchencpa.com
PAUL C. CHEN
CERTIFIED PUBLIC ACCOUNTANT




Our trained tutors can assist K-12 students in all subject areas and testing.

RM Business Services, Inc.
Accounting - Income Tax Service - Notary Public
Electronic Filing - Financial Planning and Consulting
Rosa Molina
PHONE (559) 485-4575
C TEC Registered
FAX (559) 268-2665
Se Habla Español
2491 W. Shaw Suite 109
Fresno, CA 93711



Encourage Tomorrow offers an array of high quality and standards-based after school program services geared toward facilitating school efforts.

ROSEMARIE SERVICES
Rosemarie D. Cadriel
Notary Public
• General typing
• Certified Loan Signing Spec.
• Bookkeeping Services
• Tax Advisor
Cell: (559) 960-8974
Se Habla Español
2004 E. Princeton Ave. Fresno, CA 93703
Email: Rosie_cadriel@hotmail.com

Our "Kids' Turn" program is designed to help children understand and cope with the loss, anger and fear that often accompany separation or divorce.

SANGER AUTO BODY & Paint
TIM FRY
owner
1204 9th Street
Sanger, California 93657
(559) 876-7727
Fax (559) 876-7746



Encourage Tomorrow is seeking volunteers for Mentoring, Marketing Associate, Academic Tutor, After School Programs, Clerical Support, Fundraising.

SANGER NURSERY
HARDWARE — INSECTICIDES
DALLAS W. KANAGAWA
2720 JENSEN
P.O. BOX 125
SANGER, CA 93637
(559) 875-5581
FAX (559) 875-5587

Cooper TIRES **BFGoodrich**
SANGER TIRE
Roy Tipton
87 Academy
Sanger Ca. 93657
(559) 875-8546



Valley Business Consulting & Training
6164 North Prospect Avenue, Fresno, CA 93711-1699
P.O. Box 5558 • Fresno, CA 93755
Gary L. Pigg, M.B.A.
Not for Profit Consulting
Tel. (559) 438-7040 Fax/VM (888) 256-0415
garypigg@vbcl.net



ENCOURAGE TOMORROW

EDUCATIONAL PROGRAMS

A Family-Strengthening Organization

After School Programs

Encourage Tomorrow offers an array of high quality and standards-based after school program services geared toward facilitating school efforts.

Through hands-on learning activities, our programs focus on improving students' attitudes toward school, their work and personal habits, and their attendance and academic achievement.

We offer a variety of specialized programs. Ask for our Menu of Services, which includes, but is not limited to:

- Literacy
- Science
- Visual & Performing Arts
- After School, Educational Field Trips
- Year-round Camps



College and Career Readiness Programs

This curriculum is provided to youth who come from at-risk environments, and is offered in ethnic-specific formats. The program offers:

- College Awareness
- Cultural Awareness
- Career Exploration
- Financial Literacy
- Service Learning Projects
- Health and Nutrition

The literacy-based structure will ultimately guide students to answer the following questions: "Who am I?" "Where am I Going?" "How do I get there?"

Tutorial Program

Supplemental Educational Services (SES) programs are provided at no cost to qualified K-12 students. Each family should receive an application in the mail from the local school district.

If students do not qualify for SES, they may enroll in private, fee-based tutoring, which is based on a sliding fee scale.

Program Highlights

- Private or group tutoring available
- K-12 Multiple subject academic assistance
- Test Prep: CAHSEE / STAR9 / SAT
- Student Assessments
- Homework Assistance
- Specialized programs

Parent and Community Institute

EnTo provides workshops, seminars, and support to parents in:

- Career Development
- Early Childhood Literacy Development
- Financial Planning/Management
- College Planning for Your Child
- Health and Nutrition
- English as a Second Language (ESL)
- Financial Literacy
- Senior Citizen Services & Activities
- Family Literacy

Where We Serve

Encourage Tomorrow provides tutoring services in your home, at your child's school or local community center, or in after-school programs. Trained tutors can assist K-12 students in all subject areas and testing.

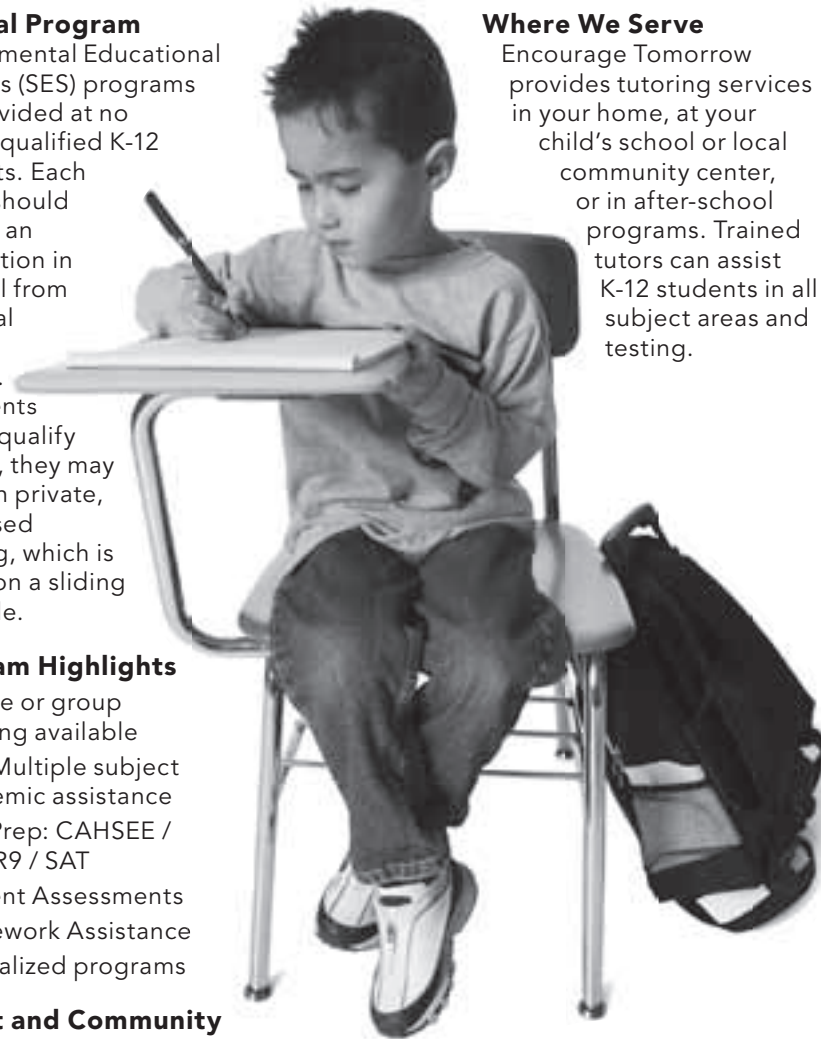


Pre-K Scholars

The Pre-K Scholars program goal is to meet and exceed standards for kindergarten readiness.

Concepts in Language Arts, Mathematics, Science, Social-Emotional Development, Social Studies, and Health are taught. You and your child will learn together, play together, and create a lifetime of memories!

Sessions are designed for children ages four and five who have not yet entered kindergarten. Call today to enroll in the Pre-K Scholars Program.



Mentoring

The mentoring program provides services to children with the greatest need, as 4th through 8th graders are matched in long-term relationships with an adult or qualified high school student-mentor.

Mentors and mentees engage in activities that help mentees improve academic performance and interpersonal relationships.

Mentoring intervention significantly reduces school drop-out rates, involvement in gangs, and criminal activity.



Kids' Turn

Kids' Turn is designed to help children understand and cope with the loss, anger and fear that often accompany separation or divorce.

Kids' Turn ayuda a los niños entender y confrontar la pérdida, la ira y el miedo que acompaña la separación o divorcio.

Volunteer Opportunities...The Power of ONE! ONE hour...ONE day a week...Changes ONE life forever!



Mentoring

Mentor a 4th-6th grade student one-on-one for one hour a week at their elementary school.

Marketing Associate

Join our team as we go out to events and promote awareness of our organization and the programs we offer.

Academic Tutor

Provide academic assistance in the areas of English/Language Arts or Mathematics to students one to two days a week.

After School Programs

Do you have a special talent? Play an instrument, and have an ability and desire to teach? Our after school programs increase student's achievement through hands on learning activities.

Clerical Support

Assist office staff in completing time sensitive and special events projects.

Fundraising

Help Encourage Tomorrow secure monetary and in-kind donations.

If you're interested in volunteering, please contact us:

www.EncourageTomorrow.org or
info@EncourageTomorrow.org

ENCOURAGE TOMORROW

EDUCATIONAL PROGRAMS

(559) **233-2880**
or 1-866-593-1610

2491 W. Shaw Ave. Suite 110
Fresno, CA 93711 | fax: 559-233-2870

Mission Statement: Encourage Tomorrow's mission is to provide quality educational programs to empower students and families to become resilient and maintain healthy lifestyles.

Our Vision: A society where families, the educational system, and the community prepare children for successful and healthy lives and embrace a sense of pride in their culture and community.

Encourage Tomorrow began in 1994 and became a non-profit corporation in 1997. Currently, EnTo provides educational programs to over 1,500 youth and families in California.